

## **A Case Of Canine Trypanosomosis With Epistaxis In A Two-Year Old Alsatian Dog**

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**Abstract:** A 2-year old male Alsatian dog with a history of Inappetence and sudden weakness was presented with a clinical manifestation of fever (40<sup>0</sup>C), lethargy, rough hair coat, pale mucous membrane (anemia), and epistaxis. On blood smear evaluation numerous trypanosome parasites were observed. Furthermore, hematological evaluation revealed moderate regenerative anemia, moderate leucopenia with neutropenia with left shift and lymphocytosis while serum biochemical evaluation revealed mild hypoproteinaemia and hypofibrinogenemia. The patient was treated with diminazene diaceturate intramuscularly at a single dose rate of 3.5 mg/kg body weight followed by an oral dose of doxycycline at a dose rate of 20 mg/kg in two divided doses twice a day for 10 consecutive days. Topical/intranasal instillation of 2 mg of Adrenaline and intramuscular injection of vitamin K3 at a dose rate of 10 mg/kg once a day, were administered for three consecutive days.

**Keywords:** Trypanosomosis, Trypanosoma, Alsatian, Canine, Epistaxis.

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### **I. Introduction**

Animal trypanosomosis constitutes a serious impediment to livestock production and economic development in tsetse infested regions of Sub-Saharan Africa (Matete, 2003; Nimpaye et al., 2011; Abakpa et al., 2013). Jones (2000) described canine trypanosomosis as a disease caused by *Trypanosoma cruzi* and *Trypanosoma evansi*. Today different species of trypanosomes have been implicated in causing trypanosomosis in dogs. Hence, canine Trypanosomosis is a disease caused by hemoprotozoan parasites: *Trypanosoma brucei brucei* and *Trypanosoma congolense*. The disease can also be caused by *T. cruzi* the cause of American Trypanosomosis known as Chagas disease in humans (Jimenez-Coelle et al., 2010; Tola and Muniz, 2010; Cohen and Gurtler, 2001; Doyle, 2006). Dogs are also infected by *Trypanosoma b. rhodesiense* and *Trypanosoma b. gambiense* of man (Samdi et al., 2006). It serves as reservoirs and maintenance of infection in humans vice versa. *Trypanosoma rangeli* is a non-pathogenic trypanosome of humans which also infect dogs (CVBD, 2010). Recently, *Trypanosoma caninum* of unknown pathogenicity has been isolated from an intact skin of a dog along with leishmania in south eastern Brazil (Madeira et al., 2009; Barros et al., 2012). Its mode of transmission is not yet known as efforts to infect triatomids failed (CVBD, 2010).

Trypanosomosis in dogs was first described in 1908 (Bevan, 1913). Infection with *T. congolense* is said to be more common in dogs (Museux, Boulouha et al. 2011). In Nigeria, trypanosomosis in dogs is a common occurrence in the *T. brucei gambiense* belt, where the ocular, lymphadenopathy and meningeal forms as the three distinct forms of disease have been reported (Omamegbe et al., 1984).

The disease is transmitted through bites from infected tse-tse fly. However, dogs can also get the infection by ingestion of insect vectors or infected fresh animal carcasses that died recently from trypanosomosis and through oral experimental infection (Raina, Kumar et al. 1985, Uilenberg 1998, Montenegro, Jiménez et al. 2002). Transmission mainly occurs around the watering sites and is sustained in animal- tsetse-animal cycle by *Glossina pallidipes*. Trypomastigote form of trypanosoma enters host cells soon after infection, multiplies sub clinically, escape the immune system and spread throughout the body primarily within macrophages. Parasitaemia develops within few days and peaks 2 to 3 weeks post infection, coinciding with clinical disease (Barr et al. 1991). Anemia is a cardinal feature of the disease in which red blood cells are removed from the circulation by the expelled mononuclear phagocytic system. Later, in infection of several months duration, when the parasitaemia become low and intermittent, anemia may resolve to a variable degree (Urquhart et al. 2002).

Parasitological diagnosis could be made by microscopic examination of either the lymph node aspirates of blood, or cerebrospinal fluid (CSF) of infected dogs (François et al., 2005). Polymerase chain reaction (PCR) technique could be used as a diagnostic tool in cases of canine trypanosomosis as it can be applied on any patient sample that contains trypanosomes DNA (OIE, 2008). There are a number of effective trypanosomacidal agents for dogs including suramin, quinapyramine and diminazene but single dose of diminazene diaceturate is

effective in eliminating the natural trypanosome infection in canine (Rani and Suresh, 2007). The present report describes a case of trypanosomosis in a dog presented with epistaxis.

## II. Case Report

**2.1 Signalment and history:** On the 7<sup>th</sup> October, 2013, a 2-year old male Alsatian dog weighing 34 kg was presented to the small animal veterinary clinic, Veterinary Teaching Hospital, University of Ibadan with principal complaints of inappetance and sudden weakness noticed a day prior to presentation. Further history revealed that the dog had been earlier treated by a veterinarian for same condition with azithromycin (1 g), charcoal and a local herb identified as African basil (*Ocimum gratissimum*). According to the client, there was a slight improvement following this intervention but the dog later developed seizures.

**2.2 Physical Examination:** The rectal temperature, heart and respiratory rates values were 40°C, 146 beats/minute and 115cycles/minute respectively. Abnormal findings observed on the first day of presentation were lethargy, rough hair coat and pale mucous membranes. The dog was also recumbent on presentation. Blood wet mount revealed numerous *Trypanosoma* parasites. The dog was re-presented the next day with another complaint of epistaxis which started few hours before presentation (Figure 1). Blood clotting time was estimated to be 10 and 25 minutes on days 1 and 2 respectively following the onset of epistaxis.



**Figure 1:** Dog with Trypanosomosis showing signs of epistaxis.

**2.3 Problem List:** Pyrexia, anorexia, pale mucous membrane (anemia), and epistaxis were the most worrisome clinical findings.

**2.4 Diagnostic Plan:** Heparinized blood and serum samples were sent to clinical pathology laboratory for complete blood count, identification of any haemoparasite and clinical serum chemistry.

**2.5 Differential Diagnosis:** Canine Trypanosomosis, Canine Ehrlichiosis and Anticoagulant poisoning were our differential diagnosis. Canine Trypanosomosis and Canine Ehrlichiosis were considered due to the presence of anemia and trypanosomal parasites in the blood; and epistaxis and tick infestation respectively. We also considered anticoagulant poisoning due to the presence of epistaxis observed in the affected dog.

**2.6 Tentative Diagnosis:** We further narrowed our diagnosis to Trypanosomosis and Ehrlichiosis as mentioned earlier. Anticoagulant poisoning was ruled out based on our history of anorexia which started two weeks before presentation as reported by the owner. Hence we believe there was unlikelihood of it ingesting a poisonous substance.

**2.7 Confirmatory Diagnosis:** This was based on the microscopic or parasitological examination of blood samples collected from the dog presented. Canine Ehrlichiosis was however ruled out since these parasites were not found during parasitological examination of blood sample.

**2.8 Laboratory Results:** The result indicated a moderate anemia, moderate thrombocytopenia, and moderate leucopenia with moderate neutropaenia (Table 1). There was mild hypoproteinaemia and mild hypofibrinogenemia (Table 2). Numerous Trypanosome parasites were observed (Table 3).

**2.9 Treatment:** Diminazene diacetate was administered by intramuscular route at a single dose rate of 3.5 mg/kg (119 mg total) (Rjeibi et al., 2015). Oral administration Doxycycline commenced on the second day of presentation at a dose level of 20 mg/kg (700 mg) in two divided doses twice a day for 10 consecutive days. Topical/intranasal application of 2 mg (2 ampoules) of Adrenaline and intramuscular injection of vitamin K3 at a dose rate of 10 mg/kg (340 mg) once a day, were administered for three consecutive days.

**Table 1: Hematology result**

TEST	RESULT	REFERENCE VALUES
RBC (x10 <sup>6</sup> /μL)	4.13	4.95 - 7.87
Hb (g/dL)	8.2	11.9 - 18.9
PCV (%)	25	35 - 57
WBC (x10 <sup>3</sup> /μL)	4.20	5.0 - 14.1
NEUT (%)	43	58 - 85
LYM (%)	46	8 - 21
MON (%)	4	2 - 10
EOS (%)	1	0 - 9
BAS (%)	0	0 - 1
PLT (x10 <sup>3</sup> /μL)	186	211 - 621

**Table 2: Serum biochemistry result**

TEST	RESULT	REFERENCE VALUES
Plasma protein (g/dL)	5.3	6.0 - 7.5
Albumin (g/dL)	2.4	2.3 - 3.1
ALT (μL)	110	10 - 109
AST (μL)	10	13 - 15
ALP (μL)	97	1 - 114
Creatinine (mg/dL)	1.6	0.5 - 1.7
BUN (mg/dL)	22	8 - 28
Fibrinogen (mg/dL)	100	150 - 300

**Table 3: Blood parasite test result**

TEST	RESULT (Parasite in)
Wet mount	+ve Tc 7.8 Hpf
Buffy coat	+ve Tc 8.3 Hpf
Blood Smear	+ve Tc 6Hpf

### III. Discussion

There is limited published literature available regarding the prevalence of trypanosomosis in dog in Nigeria. In the present case, microscopic examination revealed the presence of Trypanosoma parasites outside the erythrocytes. The observed clinical signs and symptoms such as pyrexia (40°C), pale mucous membranes and bilateral corneal opacity are in agreement with earlier reports (Rjeibi et al., 2015; Thirunavukkarasu et al., 2004; Rani and Suresh, 2007). Anemia which is regarded as the most consistent finding in trypanosomosis of man and domesticated animal has been reported in *T. congolense* infected dogs (Gow et al., 2007). In this study, there was regenerative anemia (8.8g/dL) which is in agreement with Rjeibi et al., (2015). The leucopenia was characterized by neutropenia, thrombocytopenia and lymphocytosis. The significant decrease in the WBC observed in this study agrees with the findings of Sadique et al., (2001) in cattle infected with *T. congolense*. Leucopenia in animal trypanosomosis has been reported to be due largely to ineffective or depressed granulopoiesis in the bone marrow (Anosa et al., 1997a). Thrombocytopenia has been reported in dogs confirmed with Chagas diseases (Kjos et al., 2008; Rjeibi et al., 2015). In the case under consideration, epistaxis with thrombocytopenia was observed on the second day of presentation. This has been reported earlier after it was confirmed to be due to *T. congolense* with PCR in Nigeria (Abakpa et al., 2013).

The decrease in total plasma protein level (hypoproteinemia) observed in this study is consistent with the findings of Kjos et al., (2008) who reported decrease in total plasma protein in dogs with canine Chagas disease and Sadique et al., (2001) in cattle infected with *T. congolense* but disagree with Rajora et al., (1968) and Rjeibi et al., (2015) in dogs infected with *T. evansi*.

The decrease in fibrinogen level observed in this study disagrees with the findings of (Greenwood and Whittle, 1975). Both reported elevated fibrinogen levels in *T.b. rhodesiense* and *T.b. gambiense* infection of man. French (1938) reported normal fibrinogen levels in *T. brucei* and *T. congolense* -infected cattle.

The increased activity of ALT in this study agrees with the reports of other workers (Kwem et al., 2000; Akpa et al., 2008) and may be due to the effects of trypanosomes in tissues including the liver (Justine and Oluwatosin, 2005) but the decrease in AST is in disagreement to the above report.

Diminazene diaceturate single dose was given as a trypanocide while doxycycline was administered to take care of the unconfirmed *Ehrlichia* parasites. Tentative treatment for *Ehrlichiosis* was administered since there was no laboratory facility to rule out *Ehrlichia* infection. Tetracyclines are highly effective in treating *Ehrlichiosis* and when prescribed should be administered for at least 7 days (Walker and Dumler, 2000; Walker et al., 2001). Doxycycline is used in preference to other tetracyclines in most cases of *Ehrlichiosis* because of its superior pharmacokinetic properties and lesser frequency of adverse gastrointestinal reactions (Forti and Benincori, 1969; Bakken and Dumler, 2000). Adrenaline is an effective haemostatic agent which acts by its vaso-constrictive effect and was given to stop the nose bleeding. Its duration of action is short but with a faster onset of action. This was applied to stop the bleeding instantly. Vitamin K is a hemostatic agent whose mode of action is to help in hepatic synthesis of coagulation factors. Vitamin K3 was therefore administered for three days to effectively stop the bleeding. A single treatment with Diminazene diaceturate cleared the parasite on the third day, thus agreeing with other reports (Rani and Suresh, 2007; Abakpa et al., 2013).

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