Effect of Retin a (tretinoin) on skin wound healing in dogs

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Abstract: Retinoids are widely used in different dermal pathologies. The objective of this study is to determine the effect of retinA in enhancing wound healing in skin of dogs. Eight local breed’s dogs weighting from 7 to 10 kg were used in this study. By aseptic technique a 15 cm vertical incision was done in the left flank and then closed by simple interrupted pattern by (2/0) silk. The animals were divided into two equal groups; the first one was treated with 0.5 mg Retin-A cream twice daily for three weeks. Biopsies were taken at 7th and 21st days. The histopathological evaluation revealed that retin A greatly enhanced skin healing by increasing the amount of granulation tissue and accelerating scar formation in comparison with the control group.

Keywords: RetinA, Dog, wound healing.

I. Introduction

Retin A is a vitamin A derivative(1), vitamin A presents in three oxidation states; retinal,retinol and retinoic acid which is the retin A(2). Vitamin A is a fat soluble vitamin with four main functions in the body; cell differentiation (including wound healing ), vision, normal growth and development of both fetus and embryo and a reproduction function (3). There are many dietary sources for vitamin A mainly liver, egg yolk, yellow green and orange colored fruits and vegetables (4). Retin A or Tretinoin (all – trans retinoic acid) is a topical preparation to improve the integrity and the appearance of photodamaged skin. The main adverse effect are sore eyes, hairloss, skin irritation and dryness, steatosis even cirrhosis(5), all these are rare with topical application (6).

Wounds are breaks in the skin , they are of several types but most undergo an almost similar stages of healing(7). Wound healing pass into four stages; inflammation (which is the first stage usually mediated by cytokins and tissue chemotactic factors ), the second stage is debridment of the wound by the action of neutrophils and macrophages, then the third stage of fibroblast proliferation and repair, finally the stage of maturation of fibrous scar (8,9).

The aim of the study is to determine the effect of retinA in enhancing wound healing in skin of dogs.

II. Materials And Methods

In this study, eight dogs were examined, their age range from 9 to 12 months and their weight from 7 to 10 kg, they were apparently healthy and treated with antihelminthes.

Intra muscular general anesthesia was given using a mixture of ketamine hydrochloride (15 mg / kg B.W.) and Xylazine hydrochloride (5 mg / kg B.W.)(10,11).

Prior to incision, shaving, disinfection with 70% ethyl alcohol and by using aseptic surgical technique a (15 cm) skin incision is made in the left flank using number (24) surgical blade and haemostasis is achieved by using sterile gauze then the incision is closed by simple interrupted suture pattern using (2/0) silk.

Systemic antibiotics were given to prevent infection using, (procaine penicillin 22000 I.U /kg B.W., streptomycin 10 mg/kg B.W.) by intramuscular injection half an hour before the operation and repeated every 12 hours for 4 days.

Animals were divided into two equal groups; treated and untreated, the first group was treated with retinA cream (tretinoin 0.5 mg/g JANSSEN – CILAG – Switzerland) twice daily for three weeks and the second group is the control group.

Biopsies had been taken at the seventh (7th) and twenty first (21th) days, Specimens were fixed in a solution of 10% formalin (12), and then embedded in wax to be stained with the hematoxylin –eosisin staining method. (13).

III. Results

By the seventh day the histopathological picture of the wounds treated with retin A was that of a stratified squamous epithelial lining with hair follicles and sebaceous glands, there is an area of ulceration (discontinuation of the surface epithelium) filled with vascular granulation tissue (small capillaries, many neutrophils and macrophages) with scattered fibroblasts. The degree of the inflammatory response is obviously greater than the untreated group.
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The second biopsy at 21\textsuperscript{st} day shows that in the treated group there was a restoration of the epithelial layer, formation of some hair follicles and presence of some although not prominent collagen fibers, the inflammatory response subsided in the treated group but not the untreated one.

<table>
<thead>
<tr>
<th>Variable</th>
<th>Treated</th>
<th>Untreated</th>
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<tr>
<td>Inflammation</td>
<td>More</td>
<td>Less</td>
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<tr>
<td>Restoration of the Epithelium</td>
<td>Complete</td>
<td>Partial</td>
</tr>
<tr>
<td>Collagen fibers</td>
<td>Less</td>
<td>More</td>
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<td>Shape of the Scar</td>
<td>Linear-Regular</td>
<td>Irregular</td>
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<tr>
<td>Strength</td>
<td>Less</td>
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**Fig 1: Treated day 7** Mature granulation tissue with heavy inflammation (x10 objective)

**Fig 2: Untreated days 7** less mature granulation tissue with moderate inflammation (x10 objective)
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Fig 3: Treated day 7 (x40 objective) mature granulation tissue.

Fig 4: Untreated days 7 early granulation tissue (x 40 objectives)
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IV. Discussion

Retin A is widely applied in human pathology; for cosmetics, wound healing, treatment of hyperpigmentation, treatment of chronic leg ulcerations and others (14,15), it is yet to be applied widely in veterinary medicine. Enhancement of wound healing can be achieved by using several modalities with different goals, some aim to accelerate healing others aim to reduce or limit scar production and prevent keloid formation. of these; chemical factors like vitamins(A,E,C), hormones and growth factors are among the most widely
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used (16, 17). Physical factors such as ultrasonic waves, laser, and magnetic field were applied for the same purpose (18, 19, and 20). These factors were used to accelerate wound healing in different phases and in different durations, since the inflammatory phase is the most important one, this study shows that retin A had a pronounced effect on the magnitude and the quality of inflammatory infiltrate reflected by the amount and type of granulation tissue, which in turn has a great impact on the time required for healing (21, 22, 23).

On the other hand, the amount and the quality of the produced fibrous tissue will determine the ultimate shape and strength of the scar tissue respectively, this study support the role of retin A in decreasing scar tissue and producing a thin linear scar reflected by the limited amount of the produced fibrous tissue (24, 25), while causing some decrease in the scar strength in the initial stage (26).

Acknowledgment

I wish to thanks Dr. Roaa S. Mahdi and Dr. HussainRaoof for their efforts.

References:


