A Prospective Study Evaluating The Use Ofpolypropelene Mesh in Emergency Surger of Obstructed Hernias

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Abstract

Introduction: One of the most common complication regarding emergency hernia surgery is concerned is its recurrence rate .In cases of obstructed hernias whether umbilical, incisional & inguinal hernioplasty has added advantage over herniorrhaphy with regards to low recurrence rates, less postoperative pain, less chances of seroma, and less postoperative complications. The only contraindication for hernioplasty is gangrenous bowel or toxic fluid, which can lead to infection to mesh later, further to mesh rejection.

Aims And Objectives

- 1. To evaluate the use of polypropelene mesh in the emergency surgery of obstructed hernias
- 2. To compare the outcome of patients operated using mesh (plasty) versus anatomical repair (rhaphy) in terms of immediate and early / late post operative complications

Mareials & Method: Thisisaprospectivestudy comprising54patientsof obstructedherniaoveraperiodof 6monthsfrom march2016toAugust2016 with12monthsfollow-up.Inthispresent study, the clinical material consists of patients admitted with obstructed hernia(both males and females) in the Department of General Surgery at GovernmentRajajiHospital,Madurai. The sizeof the sample worksto 54 cases. 36 caseswithhernioplasty (groupA) 18 caseswith herniorraphy(groupB).

Result: A total of 54 patients of obstructed hernias who underwent emergency surgery in Department of general surgery, Government Rajaji Hospital, Madurai during the period from march 2016 to august 2017, were included in this prospective study, and randomized into two groups . Patients with (Group A) 38 patients with HERNIOPLASTY, and 16 patients with herniorrhaphy (Group B). Patients were evaluated , age, sex, time of presentation , pain, seroma, and wound complications, recurrence Patients who underwent hernioplasty and herniorrhaphy were evaluated for recurrence rates and it was found that no recurrences occurred out of the 38 cases of hernioplasty, while 4 cases out of the 16 cases of herniorraphy developed recurrence with a significant p value of 0.011.

Conclusion: For many decades Light's criteria had been used widely to differentiate exudative from transudative pleural effusion. But it also misclassified 25 % of transudates as exudates, so there was a need to identify new parameters which would prove to be superior or supportive to the array of tests at present. From our study we came to known that there was statistically significant criteria[p value<0.001] in classifying pleural effusion as exudates and transudates by using pleural fluid uric acid and pleural fluid/serum uric acid ratio.umbilical, incisional, inguinal, hernioplasty, herniorrhaphy.

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I. Introduction

One of the most common complication regarding emergency hernia surgery is concerned is its recurrence rate .In cases of obstructed hernias whether umbilical, incisional & inguinal hernioplasty has added advantage over herniorrhaphy with regards to low recurrence rates, less postoperative pain, less chances of seroma, and less postoperative complications. The only contraindication for hernioplasty is gangrenous bowel or toxic fluid, which can lead to infection to mesh later, further to mesh rejection.

II. Aims And Objectives

- 1. To evaluate the use of polypropelene mesh in the emergency surgery of obstructed hernias.
- 2. To compare the outcome of patients operated using mesh (plasty) versus anatomical repair (rhaphy) in terms of immediate and early / late post operative complications.

III. Methodology

This is a prospective study comprising 54 patients of obstructed hernia over a period of from march 2016 to August 2016 with12 months follow-up. In this present study, the clinical material consists of patients admitted with obstructed hernia(both males and females) in the Department of General Surgery at Government Rajaji Hospital, Madurai.

3.1 Method of collection of data:

The size of the sample worksto 54 cases. 36 cases with hernioplasty (group A) 18 cases with herniorraphy (groupB).

3.2 Inclusion Criteria

Patients admitted with obstructed hernias (Inguinal, umbilical & incisional).

- 1. Cases above age 15 years of age
- 2. Cases diagnosed as obstructed hernia
- 3. Operated in emergency operation theatre
- 4. Cases who underwent release of obstruction
- 5. Caseswho consented for the study

3.3 Exclusion Criteria:

- 1. Patients below 15 years of age.
- 2. Patients who underwent previous tissue repair
- 3. Patients who did not give consent for study
- 4. The data will be collected in prescribed PROFORMA where in it contains, articulars of the patient, Clinicalhistory, clinical examination and diagnosis, Relevant investigations, and details of surgery.

3.4 Follow-Up

Period of follow up being12 months from the day of surgery. Parameters used for comparison-Age, Sex, Time duration, Pain, Seroma, Hematoma, Wound infection, Retension of urine Reccurence Ethical clearance has been obtained from ethical committee of Government Rajaji Hospital, Madurai.

Statistical analysis: statistical analysis was done using chi square test



IV. Results And Observation

A total of 54 patients of obstructed hernias who underwent emergency surgery in Department of general surgery, Government Rajaji Hospital, Madurai during the period from march 2016 to august 2017, were included in this prospective study, and randomized into two groups .Patients with (Group A) 38 patients with HERNIOPLASTY, and 16 patients with herniorrhaphy (Group B). Patients were evaluated , age, sex, time of presentation , pain, seroma, and wound complications, recurrencePatients who underwent hernioplasty and herniorrhaphy were evaluated for recurrence rates and it was found that no recurrences occurred out of the 38 cases of hernioplasty, while 4 cases out of the 16 cases of herniorraphy developed recurrence with a significant p value of 0.011.

Table 1 : Age Distribution		
Age in years	No.of	Percentage
	cases	
< 30	2	3.7
31 - 40	8	14.8
41 - 50	10	18.5
51 - 60	23	42.6
> 60	11	20.4
Total	54	100.0

Patients are taken from age >30 ->60 of which 42.6 % of patients where





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Sex	No.ofcases	Percentage
Male	40	74.1
Female	14	25.9
Total	54	100.0

Of the total 54 cases , 40 were male and 14 female



Table 3 : Procedure	
No of cases	

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Procedure	No.of cases	Percentage
Hernioplasty	36	66.7
Herniorraphy	18	33.3
Total	54	100.0

For 66.7% of the cases hernioplasty was done and rest 33.3% herniorraphy was done

Procedure



Table 4 : L	Table 4 : Diagnosis			
Diagnosis	No.of cases	Percentage		
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Inguinal Hernia	29	53.7
Incisional Hernia	13	24.1
Umbilical Hernia	12	22.2
Total	54	100.0



Table 5 : Diagnosis VS Gender Distribution

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Diagnosis	Male	Female
Inguinal Hernia (29)	27	2
Incisional Hernia (13)	5	8
Umbilical Hernia (12)	8	4
total	40	14

Diagnosis Vs Gender Distribution



Table 6 : Age Vs Procedure

Age in years	Hernioplasty	Herniorraphy
< 30	1	1

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31 - 40	5	3
41 - 50	7	3
51 - 60	15	8
> 60	8	3
Total	36	18



Age Vs Procedure

ex	Hernioplasty	Herniorraphy
Male	30	10
Female	6	8
Total	36	18









Duration Of Surgery



Table 9 : Early Complication

Early Complications	Hernioplasty	Hernioraphy
Retension of Urine	1	1
Wound infection	1	2
Hematoma	1	1
Wound dehiscence	1	1
Seroma	4	3

Seroma to be the most common complication found in both hernioplasty and hernioraphy

Early Complications



Table 10 : Recurrence

Late Complications	Hernioplasty	Hernioraphy
Persistant pain	4	5



V. Discussion

Recurrence is an important problem regarding obstructed hernias where a herniorrhaphy has been done. So in cases of obstructed hernias where you get a viable bowel with absence of toxic fluid, it is better to go for mesh repair, so that the recurrence rates are brought down to minimum. In this study, 54 patients with obstructed hernia (umbilical, incisional, inguinal), who underwent emergency surgery, were evaluated for duration of surgery, recurrence, pain, seroma formation and wound complications in two study groups (group A – 36 hernioplasty, and group B – 18 herniorrhaphy). There were no significant differences between the two groups with regard to age, duration of surgery. In group A, 36 patients who underwent hernioplasty had polyprolene mesh placed for reinforcement ,fixed using 2/0 prolene. In group B, 18 patients who underwent herniorrhaphyhad anatomical apposition of conjoint tendon and inguinal ligament using 2/0 prolene. Patients were followed up for a period of one year. In group B during the first 6 month follow up period itself 2 cases got recurred, and in the next 6 months another 2 case got recurred, so in total 4 cases resented with recurrence, comaring with group A there was no recurrent cases, so having a significant value of 0.011. Rest of the variables like age, sex, duration of surgery, early and late postoperative complications.

VI. Conclusion

In the present study, 54 patients have completed the study protocol. Of this 36 patients in group A (hernioplasty) and 18 patients in group B (herniorrhaphy). After analyzing the data and observations, the present prospective study demonstrated that the use of mesh in cases of obstructed hernias where the bowel is healthy and if there is no toxic fluid, there is better outcome regarding recurrence rates. However, the sample size in the current study is relatively smaller, so a larger study sample may be needed before any further conclusion can be made. Although the study sample is small in this present study, it is still wise to recommend hernioplasty in these kinds of cases with normal bowel withot toxic fluid. So when performing emergency surgeries for obstructed hernias its better to use meshes if there is no other contraindication.

VII. Summary

"Prospective study evaluating the use of polypropylene mesh in emergency surgery of obstructed hernias "Conducted in department of general surgery at government rajaji hospital, Madurai from march 2016 to august 2016.Data collected in a prescribed proforma, analyzed and evaluated for recurrence rates, duration of surgery and early/late complications.Sample size 54 patients with obstructed hernia (umbilical, incisional, inguinal), who underwent emergency surgery, were evaluated for duration of surgery, recurrence, pain, seroma formation and wound complications in two study groups (group A – 36 hernioplasty, and group B – 18 herniorrhaphy).There were no significant differences between the two groups with regard to age, duration of surgery, early complications.In group B during the first 6 month follow up period itself 2 cases got recurred, and

in the next 6 months another 2 case got recurred, so in total 4 cases resented with recurrence, comaring with group A there was no recurrent cases, so having a significant value of 0.011.

Annexures

VIII. Bibliography

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