Role of CT scan in facial pillar fractures- What Radiologist needs to see and surgeon needs to know?

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Objective:

Describe the buttresses of the mid facial skeleton and aaccurate description of facial fractures Information about the involvement of specific facial buttresses and its complications. Identify surgically relevant and emergent patterns of mid-face fractures.

I. Introduction:

Face has five paired bones and four unpaired bones. Four pairs each of horizontally and vertically oriented struts.

FACIAL PILLARS -Anterior view²:



FACIAL PILLARS: Oblique view²:



Facial fractures classification:

- 1. Sinus wall fractures (Frontal and sphenoid).
- 2. Central mid face- Le fort, Wassmund, Naso-orbitoethmoid.
- 3. Lateral mid face, Tripod, Zygomatic arch, Zy-max, Zy-mand, Orbital floor

Facial Buttresses	Fracture line Involves	Complications of such fractures ¹
Upper transverse maxillary	Orbital floor Zygoma	SOF and Orbital apex syndrome Globe ruptures (FLAT TIRE SIGN) Inferior rectus muscle entrapment.
Lower transverse maxillary	Hard palate Alveolus	Dental fracture, avulsion and malocclusion.
Upper transverse mandibular	Ramus Alveolar margin	Inferior alveolar nerve injury Secondary infection
Lower transverse mandibular	Inferior margin	Inferior alveolar nerve injury
Medial maxillary	Medial walls of orbit and maxillary sinus	Sinus obstruction, CSF rhinorrhea, Medial canthal tendon injury, Epistaxis and Lacrimal sac injury
Lateral maxillary	Lateral walls of orbit and sinuses	SOF and Orbital apex syndrome Lateral canthal ligament injury
Posterior maxillary	Sphenoid bone	Carotid artery injury, CCF, Skull base foraminal injury, malocclusion and trismus
Posterior mandibular	Angle, ramus and condyle of mandible	Skull base foraminal injury, malocclusion and trismus

Central midface fractures	Lefort I Floating palate	Lefort II Floating maxilla	Lefort III
Clinical features	Gingival crepitation	Orbital ecchymosis	Orbital ecchymosis
	No orbital ecchymosis	Infraorbital parasthesia	CSF rhinorrhea

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	Movement at lower maxilla, not at nasal root	Movement at nasal root , with infraorbital step	Movement at nasal root with lateral orbital rim movement
Involved facial buttress	Lower transverse maxillary buttress and posterior maxillary buttresses.	Superior medial ,inferior lateral ,upper transverse and posterior maxillary buttresses	Superior portions of the medial&lateral ,upper transverse and posterior maxillary buttresses
Fracture lines runs through	Nasal septum All walls of maxillary sinus Pterygoid plates of sphenoid	Nasal bone and nasal septum, Medial orbital wall ,Floor of orbit, walls of maxillary sinus , Pterygoid plates of sphenoid	Nasal bone and septum Medial and lateral wall of orbit, Zygomatic arch Pterygoid plates of sphenoid

Drawings show the common Le Fort fracture pattern⁴.





Right nasal bone fracture.



Depressed fracture of nasal bone.



Displaced fracture of right nasal bone.

Naso-Orbito-Ethmoid (NOE) complex fracture^{3,4.}

Bilateral medial maxillary buttresses involvement.

Markowitz and Manson classification:

 ${\bf I}$ - Intact medial canthal tendon, connected to a single large fracture fragment

 ${\bf II}$ - Comminuted # with medial canthal tendon attachment to a single bone fragment

III - Comminution extension to the medial canthal tendon insertion site (anterior medial orbital wall at lacrimal fossa level) with resultant avulsion of the tendon.

Degree of comminution of medial orbital wall at lacrimal fossa level may be helpful for surgical planning of medial canthal tendon repair.









Tetrapod or Quadripod fracture (Tripod / Malar fracture): Disruption of both the lateral maxillary and upper transverse maxillary buttresses







Sinus Wall Fractures (Frontal and sphenoid):



Complications of facial fractures:

Left Optic strut fracture:

Bilateral nasolacrimal duct injury



II. Conclusion:

- Accurate classification of facial fractures and identification of related complications by the radiologist permit prompt surgical management and improved clinical outcome of these common traumatic injuries.
- Surgical management of fractures and their associated complications is according to the specific facial buttress involved.
- Severe haemorrhage from massive facial injuries may result in death. Airway obstruction, if not properly treated or detected, is associated with high mortality.

III. Summary:

Facial buttress is supporting structure of the face. Anatomy of the facial buttress is very important for classification of facial fractures and assosciated complications.

Trauma to the maxillofacial region needs special attention as it contains important special sensory systems are contained within the face. (e.g. vision, auditory, somatic sensation, gustatory, olfaction and vestibular). Also, vital structures in the head and neck region are intimately associated (airway, blood vessels, nerves and gastrointestinal tracts). Lastly, the psychological impact of disfigurement can be devastating.

CT scan is the gold standard imaging technique to diagnose maxillofacial fractures. The sensitivity of a routine non enhanced head CT scan for fracture surveillance was found to be 100% [6].

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