A study on the origins of medial circumflex femoral artery

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Abstract: Medial circumflex femoral artery is a branch of profundafemoris artery. It arises from the posteromedial aspect of the profundafemoris artery in the femoral triangle. It is an important artery in supplying blood to the head and neck of the femur, to the adductor muscles and to fatty tissue in the acetabular fossa. Because of its close relationship with this area there is a high risk of severing the artery after trauma or during operations such as total hip arthroplasty. The material for the present study comprises of 40 lower limbs of adult human cadavers irrespective of their sex. The study was done by dissection method. In 6 extremities (15%) medial circumflex femoral artery was originated directly from femoral artery. In 7 extremities (17.5%) a common trunk was observed form medial circumflex femoral and deep external pudendal arteries. Normal study was observed in 27 extremities (67.5%). These variations of the origins of Medial circumflex femoral artery needs to be taken into account and considered in all the surgical and interventional procedures.

Key words: Medial circumflex femoral artery, Profundafemoris artery,

I. Introduction

Medial circumflex femoral artery is a branch of profundafemoris artery. It arises from the posteromedial aspect of the profundafemoris artery in the femoral triangle. It is an important artery in supplying blood to the head and neck of the femur, to the adductor muscles and to fatty tissue in the acetabular fossa^[1]. Gautier E et al, opined that precise knowledge of the anatomy of medial circumflex femoral artery is essential when performing both trochanteric and intertrochanteric osteotomies and is also helpful to avoid iatrogenic vascular necrosis of the head of femur in reconstructive surgery of the hip and fixation of acetabular fractures through the posterior approach^[2].

II. Materials And Methods

The material for the present study comprises of 40 lower limbs of formalin fixed adult human cadavers irrespective of their sex. The study was done by dissection method.

II. Observations And Results

- In 6 extremities (15%) medial circumflex femoral artery was originated directly from femoral artery.
- In 7 extremities (17.5%) a common trunk was observed form medial circumflex femoral and deep external pudendal arteries.
- Normal study was observed in 27 extremities (67.5%)

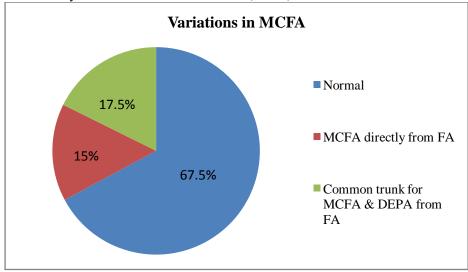
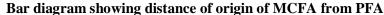
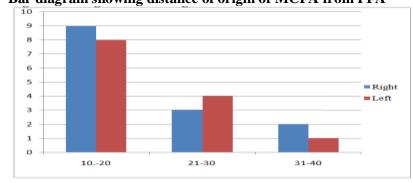


Table 1: Distance Of Origin Of Medial Circumflex Femoral Artery From The Origin Of ProfundaFemoris Artery.

Range in millimeters	Number of origins of MCFA from PFA =27		
	Right side	Left side	
10 - 20	9	8	
21 – 30	3	4	
31 – 40	2	1	





Distance of origin of MCFA

Result: The origin of medial circumflex femoral artery was recorded from the point of origin of profundafemoris artery by using scale in milli meters. The mean = 1.99 and Standard deviation =0.68; so the average distance is 1.99 ± 0.68 cm.

On right side: Mean = 2.09 and SD = 0.68; so the average distance is 2.09 ± 0.68 cm.

In 9 cases (45%) it was observed to be 10 to 20 mm.

In 3 cases (15%) it was 21to 30 mm, in 2 cases (10%) it was observed to be 31 to 40 mm.

In 6 cases (30%) a variation was observed that it was originating directly from femoral artery.

On left side –Mean = 1.88 and SD = 0.68; so the average distance is 1.88 ± 0.68 cm.In 8 cases (40%) it was observed to be 10 to 20 mm.

In 4 cases (20%) it was 21to 30 mm, in 1 cases (5%) it was observed to be 31 to 40 mm.

In 7 cases (35%) a variation was observed that it was originating from femoral artery.

Table 2: Distance of origins of MCFA from midpoint of inguinal ligament, from the origin of PFA and variations related to MCFA.

Cadaver	From midpoint of From the origin of PFA				
No	inguinal liga	ment (N=40)	(N=40)		Variations related to MCFA
NU	Right	Left	Right	Left	
1	6.5	5	1.5	1.0	No variation
2	7.5	7.2	3.0	2.6	No variation
3	5.8	5.5	3.3	2.5	No variation
4	3.5	5.5		_ 1.4	Common trunk for MCFA & DEPA
4	3.3	5.5	-		from FA on right side
5	3.0	3.5			Common trunk for MCFA & DEPA
3	3.0	3.3	_	_	from FA on both sides
6	5.5	5.8	2.3	2.0	No variation
7	1.0	1.0	I		MCFA directly from FA on both side
8	4.8	5.5	1.2	1.4	No variation
9	2.0	2.5	_	_	MCFA directly from FA on both side
10	5.0	5.3	1.5	1.3	No variation
11	4.8	4.5	2.0	2.3	No variation
12	5.2	5.2	1.5	1.3	No variation
13	5.0	2.5	2.0	_	Common trunk for MCFA & DEPA

					from FA on left side
14	5.6	5.4	3.2	3.1	No variation
15	4.6	4.5	2.0	1.5	No variation
16	2.5	2.0	_	_	Common trunk for MCFA & DEPA from FA on both side
17	5.0	1.5	1.8	_	Common trunk for MCFA & DEPA from FA on left side
18	5.8	5.5	2.5	2.8	No variation
19	5.6	5.4	1.5	1.3	No variation
20	5.2	3.0	_	_	MCFA directly from FA on both side

Result: The average distance from the origin of PFA = 1.99 ± 0.68 cm. The average distance from midpoint of inguinal ligament = 4.5 ± 1.62 cm.

III. Discussion

The medial circumflex femoral artery on an average was arising in 65% of cases from profundafemoris artery and in 18.4% of cases from femoral artery. The result of present study is close to Dixit (2001), which was 62.5% from profundafemoris artery and 20.63% directly from femoral artery^[3].

Table 3: Comparison of various origins of medial circumflex femoral artery.

Author's Name	Origin from PFA	Origin directly from FA
Lipshutz ^[4] $(1916)(N = 100)$	59%	36%
Clarke et. $Al^{[5]}$ (1993)(N = 40)	53%	40%
Dixit [3](2001) (N= 48)	62.5%	20.63%
Tanyeli ^[6] (2006) (N = 100)	75%	15%
MB Samarawickrama ^[7] $(2009)(N = 26)$	62%	31%
Present study $(2012)(N = 40)$	65%	18.4%

In 5% of cases a common point of origin for profundafemoris artery, medial circumflex femoral and lateral circumflex femoral arteries from the femoral artery. MB Samarawickrama (2009) was observed this pattern in 8% of cases. This is close to our results. In 11.6% of cases a common trunk for medial circumflex femoral and deep external pudendal arteries were observed^[7].

In the cases in which medial circumflex femoral artery originating directly from femoral artery, the mean distance was 1.99 ± 0.68 mm, that was smaller than in the cases in which it was originating from profundafemoris artery, that is 4.07 ± 1.78 mm. due to its high position it can be damaged when the femoral artery is punctured for various cardiac interventional procedures, or it may be damaged while collecting blood in infants from the femoral vein. It is also at risk during exposure of the saphenous vein for ligation at its junction with the femoral vein.Damage to medial circumflex femoral artery leads to avascular necrosis of head of the femur as it is the chief artery for it.

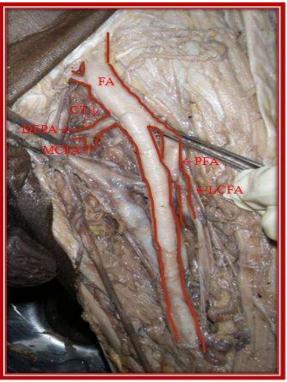
IV. Conclusion

It also has great importance in plastic surgery operations as the vascular pedicle of grafts such as the transverse upper gracilis (TUG) flap, the super medial thigh flap and the medial circumflex femoral (gracilis) perforator free flap. It is used in selective arteriography in idiopathic ischaemic necrosis of the femoral head to determine the arterial supply of the femoral head. These variations of the origins of Medial circumflex femoral artery needs to be taken into account and considered in all the surgical and interventional procedures.

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Illustration: Common trunk for MCFA and deep external pudendal artery



FA – Femoral artery, CT – Common trunk DEPA – Deep external pudendal artery MCFA – Medial circumflex femoral artery PFA – Profundafemoris artery LCFA - Lateralcircumflex femoral artery