

# Handwriting In The Age Of Digital Learning: Pedagogical Challenges And Solutions

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## **Abstract**

*In the modern digital age, the importance of handwriting in educational settings is a source of growing discussion and worry. While the explosion of digital technology has transformed how we communicate and learn, it has also resulted in an overall reduction in the emphasis on handwriting training. According to studies, handwriting is critical for academic accomplishment, particularly in literacy and cognitive development, hence it is critical to address the problems and solutions for incorporating it into digital learning.*

**Design/Methodology/Approach:** *Meta-Analysis was used in this study, which is focused on secondary data sources. Secondary data is gathered through books, newspapers, journals, articles, and government websites.*

**Findings:** *According to a thorough evaluation of the research, while digital literacy is crucial in modern education, handwriting should not be disregarded owing to its importance in cognitive growth and learning. The difficulties of incorporating handwriting into digital classrooms can be overcome by creative pedagogical practices and the use of technology that improves rather than replaces conventional abilities. A balanced strategy that takes advantage of the qualities of both handwritten and digital technology is essential to provide a comprehensive educational experience that will benefit children with dysgraphia as well.*

**Originality/Value:** *This study highlights the importance of balancing handwriting with digital tools to help students develop essential cognitive and motor skills, advocating for a renewed focus on handwriting in educational policy and curriculum, along with increased support for teacher development and resources.*

**Paper Type:** *Meta-Analysis*

**Keywords:** *Handwriting, Digital Learning, Pedagogy, Cognitive Development, Hybrid Learning, dysgraphia*

Date of Submission: 21-02-2025

Date of Acceptance: 01-03-2025

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## **I. Introduction**

Handwriting plays a vital role in education, contributing to cognitive development, learning retention, and academic performance. When children learn to write by hand, they engage multiple brain regions that are critical for motor skills, memory, and language acquisition. This process enhances neural connections that support reading and writing, laying a foundation for literacy and overall cognitive growth (Cahill, S(2009).[1]).

Handwriting has been shown to enhance memory and comprehension by encouraging deeper cognitive processing, aiding in the retention of information. Students who take handwritten notes often remember and understand content better than those who type, as the slower pace of writing fosters more deliberate thinking and organization of thoughts (Gerth, et al. (2023).[2]). Additionally, handwriting supports the development of fine motor skills and coordination, which are crucial for both academic tasks and everyday activities, contributing to a child's overall academic success and independence.

Handwriting offers more than just cognitive and motor benefits; it also fosters creativity and personal expression. Each student's unique writing style can enhance their confidence and engagement, making the learning experience more personal and meaningful. Additionally, handwriting promotes discipline and focus, as it demands attention to detail and sustained concentration. Despite the increasing prevalence of digital tools in education, handwriting remains a fundamental skill that supports learning, cognitive development, and personal growth, making it a crucial component of educational success with benefits extending beyond the classroom. However, challenges such as dysgraphia, a neurological disorder that impairs the ability to produce legible written work, can hinder students' progress. In these cases, integrating sensory feedback and targeted interventions can significantly improve handwriting skills and facilitate the transition to more advanced writing tasks (Danna, et al. (2015).[3]).

The widespread adoption of digital technology has significantly transformed the way students learn and interact with educational content, raising important questions about its impact on the fundamental skill of handwriting. While digital communication via keyboards and touchscreens has become the norm, educators are

concerned that this shift may negatively affect students' handwriting proficiency. Research suggests that as students increasingly rely on digital devices, their ability to express themselves through handwriting may decline. Beyond handwriting, there are also worries that the rapid integration of digital tools might hinder students' capacity for critical thinking and engagement with complex ideas, which are vital for cognitive development and academic success (Srivastava, M. (2023).[4]). Despite these concerns, advocates of digital learning argue that the advantages of enhanced access to information and collaborative opportunities may outweigh these potential drawbacks.

The increasing prevalence of digital devices in children's lives and classrooms is evident, with children engaging with technology from a young age. Surveys indicate that a significant percentage of parents report their children regularly using televisions, tablets, and smartphones, with nearly 20% of children under 12 owning a smartphone (Assathiany, et al. (2018).[5]). This integration of digital devices has transformed educational settings, where tablets and laptops are now common, enhancing interactive learning and access to information. However, concerns about the negative effects of excessive screen time, including physical and psychosocial health issues, have also emerged. Research highlights that many children exceed recommended screen time limits, underscoring the need for a balanced approach to technology use in education, ensuring it complements traditional learning methods to support overall cognitive development and personal growth.

This paper aims to look at how handwriting is changing in today's educational environments, which are increasingly incorporating digital technologies. As schools increasingly use digital technologies for teaching and learning, it is critical to analyse how this transition affects handwriting instruction and the development of students' writing abilities. The article aims to assess the current state of handwriting education, identify key challenges—such as a decreased emphasis on handwriting in curricula and students' diverse learning needs—and highlight the cognitive, emotional, and developmental benefits of handwriting. Additionally, this paper intends to provide educators with practical solutions and best practices for efficiently incorporating handwriting teaching into digital learning settings. This includes using technology in handwriting practice, creating inclusive teaching practices, and providing professional development for instructors. By addressing these objectives, the paper aims to expand the conversation on the importance of handwriting in the digital age, advocating for a balanced approach that values both traditional handwriting abilities and digital literacy. The goal is to provide educators, policymakers, and academics with useful insights and recommendations for improving handwriting teaching and promoting students' academic achievement and personal development.

### **Objectives**

1. To Examine the Impact of Digital Learning on Handwriting Development
2. To Identify Pedagogical Challenges in Integrating Handwriting with Digital Learning
3. To Propose Effective Strategies and solutions for Handwriting Instruction in Digital Contexts

## **II. Methodology**

Several literatures have been reviewed to collect pertinent, timely research on the chosen topic, and synthesized it into a cohesive summary of existing knowledge in the field which include Google Scholar, SpyNet, PubMed, Academia, SSRN, Research Gate, Z-Library, and other websites.

### **Historical Context Of Handwriting**

The history of handwriting illustrates a complicated evolution that extends thousands of years, beginning with the first forms of written communication. Handwriting started circa 3,300 BC in Mesopotamia. When the Sumerians invented cuneiform letters by pressing a reed stylus into clay tablets to make wedge-shaped markings. This breakthrough signalled a transition away from the usage of basic drawings and pictographs, which had been used for tens of thousands of years, and towards a more sophisticated writing system capable of documenting and communicating complex concepts. Writing materials and tools evolved with civilisations, from stone and clay to more adaptable mediums such as papyrus and parchment (Fischer, A. (2012).[6]).

Handwriting has evolved in response to many cultural influences. The Phoenician alphabet, created circa 1500 BC, pioneered a phonetic system that inspired subsequent writing systems, including Greek and Latin letters. By the Middle Ages, handwriting had become an essential talent, with scribes creating legal papers and manuscripts. The introduction of the printing press in the 15th century changed the focus from handwritten to printed texts, but handwriting remained prized, resulting in the establishment of official penmanship classes. Spencerian and Palmer's approaches arose in the nineteenth century, with an emphasis on efficient and simple writing skills (Blair, A. (2015).[7]). While digital communication now predominates, the historical significance of handwriting as a vital component of literacy and personal expression remains, prompting ongoing debates regarding its place in education in the age of digital learning.

### **Handwriting Development In The Present Digital Age.**

Despite the increasing popularity of digital technology, handwriting remains an essential ability with major implications for education and cognitive development. Handwriting proficiency has typically been measured using two criteria: legibility and speed. Both qualities expand from early childhood to the teenage years, suggesting higher cognitive and motor ability improvements.

Legibility in handwriting, or the capacity to create clear and understandable language, is essential for efficient communication. As children develop this talent, they will be better able to communicate their thoughts and engage in academic activities. Legibility development is associated with fine motor abilities, visual perception, and spatial awareness, all of which are necessary for cognitive development (Doug, R. (2019).[8]). According to studies, kids with well-developed handwriting skills frequently do better in reading and writing because the process of writing strengthens their comprehension of letter construction and the structure of language.

On the other side, a student's handwriting speed affects their capacity to meet the requirements of academic tasks. More fluid and interrupted written expression is made possible by efficient handwriting, which may enhance both the amount and quality of written work. There is a clear correlation between handwriting speed and executive function, memory, and attention. The ability to write clearly and quickly enhances students' productivity and overall academic accomplishment as they progress through their education.

Beyond just being able to write, handwriting is important in educational contexts. According to research, writing physically activates brain circuits essential for memory and learning. This involvement enhances not just the technical parts of writing but also mental abilities like creativity and problem-solving (Moreira, et al. (2020). [9]). Thus, even with the proliferation of digital devices, it is crucial to keep handwriting teaching front and centre to promote holistic cognitive development and guarantee students' long-term academic success.

### **Importance of handwriting**

Handwriting has multiple advantages that go above the basic act of writing. It is vital for intellectual development, learning, and personal expression. Here are some major advantages of handwriting are

**Cognitive Development:** The physical act of creating letters by hand promotes the learning of letter forms and sounds, which is especially helpful for young children acquiring reading abilities. Handwriting also engages various brain regions, improving memory, concentration, and problem-solving skills. With consistent practice, this complicated motor skill—which includes brain-muscle synchronisation in the hand—improves hand-eye coordination and fine motor abilities (Stahovich, et al. (2019).[10]). The development of fine motor skills, spatial awareness, language processing, and handwriting all have a major impact on cognitive development. These abilities enable the fluid presentation of ideas and efficient communication. Studies show a connection between handwriting ability and more general cognitive abilities including executive function, working memory, and attentional control.

**Academic Performance:** Handwriting proficiency helps students focus more on the substance of their work rather than the process of writing, which leads to higher-quality written assignments and performance on exams. This is one way that proficiency in handwriting contributes considerably to academic achievement. Furthermore, research has shown that handwriting physically stimulates distinct brain areas than typing, which improves memory and retention of knowledge since the kinaesthetic sensation of making letters and words helps cement the information (Johnson, et al. (2019).[11]). Additionally, handwriting promotes deeper cognitive processing since it requires people to write more slowly than they can type, which drives them to be more deliberate with their words and think more critically about the material.

**Emotional and Psychological Benefits:** Writing by hand is a therapeutic activity that promotes emotional and psychological well-being and fosters a peaceful, contemplative atmosphere. Handwriting is a useful technique for stress management because of its repetitive and rhythmic qualities, which can help people relax and feel less stressed. Furthermore, as journaling and other written expressions help people better reflect on and control their emotions, handwriting also helps with mental organisation and emotion processing (Tee, E. Y. (2024).[12]).

**Creativity and Personal Expression:** Handwriting promotes creativity and personal expression by allowing for a distinct, individualised style that expresses emotion and closeness in communication. Each person's unique handwriting lends a personal touch to written communication, making it more expressive and meaningful. Furthermore, the slower, more deliberate pace of handwriting promotes creative thinking by allowing time for careful consideration, allowing ideas to flow more easily, and connecting disparate thoughts.

### **III. Pedagogical Challenges Of Handwriting In The Digital Age**

As digital technology takes over educational settings, handwriting teaching confronts considerable pedagogical challenges. The increased emphasis on digital literacy has resulted in an overall decline in handwriting practice, triggering worries about the impact on cognitive development, fine motor skills, and literacy. Teachers face a variety of challenges when incorporating handwriting into digital classrooms, including balancing digital and traditional skills, resolving heterogeneity in handwriting competence, and adjusting assessment methodologies.

#### **Reduced focus on handwriting practice or changes in priority.**

The increasing use of digital devices and keyboards at educational institutions raises the possibility that handwriting teaching may be completely abandoned or given less priority. The difficulty that many teachers have in finding a balance between the requirements of digital literacy and conventional handwriting skills frequently results in students' handwriting talents not fully developing. Curricula typically emphasise digital literacy and keyboarding abilities above conventional penmanship, reflecting a noteworthy drop in the time and resources devoted to handwriting training because of the increased reliance on digital technologies (Camacho, et al. (2021).[13]). The prioritisation of keyboard competence and digital learning tools over handwriting by curriculum writers and educators can lead to a decline in students' handwriting skills, as well as an influence on their general literacy and written communication ability.

#### **Difficulty in balancing Digital and Handwriting Skills together.**

Educators are struggling to balance handwriting teaching with the increased need for digital abilities. Although digital literacy is critical today, a lack of handwriting practice may impair kids' cognitive development and fine motor abilities, both of which benefit from regular handwriting exercises. Students who are more accustomed to digital communication may regard handwriting as sluggish, laborious, or obsolete, leading to resistance and diminished willingness to participate in handwriting activities.

#### **Cognitive Strain and Automaticity**

When children get more used to typing, they may find handwriting to be harder on their minds than typing, which can cause dissatisfaction or disengagement. Handwriting requires a different kind of cognitive engagement than typing. Teachers will find it difficult to keep their students motivated and interested in handwriting practice as a result. The cognitive strain involved in handwriting can make it harder for kids to focus on other intellectually taxing activities, including coming up with original ideas. Students' handwritten texts may be generated in less quantity and of lower quality when handwriting is not automated.

#### **Motivational and Engagement Challenges**

Students who are used to digital communication and technologies can find handwriting boring, sluggish, or outdated, which would make them reluctant to engage in handwriting exercises. Furthermore, young learners find the "coolness" element of digital gadgets appealing, which detracts from the engagement of conventional pen-and-paper assignments. Teachers now have a challenge: they need to figure out how to engage a generation more accustomed to digital stimuli by making handwriting interesting and meaningful.

#### **Technological Dependence**

Students may find it challenging to concentrate on handwriting assignments due to disruptions caused by the widespread usage of digital devices in the classroom and for other purposes (Feng, et al. (2019).[14]). Furthermore, as children become more and more dependent on technology, their proficiency with spelling, grammar, and handwriting may suffer because of their heavy reliance on digital tools like spell-check.

#### **Addressing Individual Needs and Learning Differences**

Teaching handwriting to kids with learning difficulties, such as dysgraphia, poses problems since these disorders can severely limit a student's ability to convey ideas and execute written activities quickly. Dysgraphia, which is characterised by challenges with handwriting, spelling, and organising thoughts on paper, necessitates the use of specialised tactics such as assistive technology, individualised teaching, and other forms of written communication. In classrooms with varied learners and varying levels of handwriting skill, it is critical to provide an inclusive atmosphere for all kids (Darling-Hammond, et al. (2020).[15]). This involves providing additional help and customised teaching for people with learning difficulties, as well as addressing students' various ability levels, which can be especially challenging in environments with limited resources.

### **Insufficient Teacher Training**

Many educators lack the necessary resources and training to integrate digital technologies with handwriting instruction effectively. Without adequate professional development programs, teachers may be ill-prepared to address the challenges of teaching handwriting in the digital era. These programs are essential to equip educators with the knowledge and skills to manage diverse student needs and employ innovative teaching strategies that seamlessly blend analogue and digital handwriting techniques. The absence of sufficient training in this area can leave teachers struggling to effectively teach handwriting in a modern, technology-driven classroom (Fernández-Batanero, et al. (2022).[16]).

Addressing the pedagogical issues of handwriting training in the digital age necessitates a varied and refined approach. Educators must strike a balance between the benefits of handwriting and the needs of a technologically advanced society by properly integrating handwriting teaching into a technology-rich setting. This strategy entails using technology, implementing inclusive practices, and providing targeted assistance to ensure that all kids acquire critical cognitive, motor, and communication abilities. Using creative approaches to keep students interested and emphasising the significance of handwriting abilities, educators may prepare students for success in both digital and non-digital environments.

## **IV. Solutions And Strategies For Effective Handwriting Instruction**

As technology becomes increasingly common in educational institutes, it is critical to preserve excellent handwriting training. Strategies should combine handwritten and digital learning, with technology serving to supplement traditional skills. This strategy helps pupils learn both handwriting and computer literacy, resulting in a well-rounded skill set.

### **Integrating Handwriting Across the Curriculum**

Integrating handwriting into the curriculum is critical for emphasising its value and increasing student involvement in many disciplines. By incorporating handwriting practice into many areas of study, instructors may guarantee that students continue to improve this foundational ability while also expanding their comprehension of the material (McLeod, S. H. (2020).[17]). This method not only keeps handwriting relevant in an increasingly digital environment, but it also encourages active learning and enables students to create meaningful connections across disciplines.

Subject-wise recommendations are given below

*1. Language Arts:* Encouraging kids to keep a regular notebook can help them improve their handwriting while also developing creativity and self-expression. Furthermore, giving handwritten book reports enhances handwriting fluency and comprehension as students summarise storylines, analyse characters, and express their thoughts.

*2. Mathematics:* Writing math questions and solutions by hand clarifies students' mental processes and increases their ability to express mathematical reasoning. Furthermore, teaching children to draw graphs or charts by hand increases their knowledge of mathematical ideas while also improving their handwriting abilities.

*3. Science:* Encouraging students to write lab reports by hand, including hypotheses, methods, findings, and conclusions, encourages meticulous documentation and emphasises the need of clear communication in scientific research. Furthermore, having students construct and label diagrams of scientific topics in their handwriting helps them grasp the content while also boosting readability and neatness (Marshall, et al. (2019).[18]).

*4. Social Studies:* Making students write letters from the perspective of historical characters or everyday people during key events promotes engagement with the topic while also learning handwriting. Furthermore, generating handwritten timelines of historical events, complete with written descriptions and dates, promotes chronological awareness and emphasises the significance of good presentation.

*5. Art and Creativity:* Students can produce posters or greeting cards that combine creative expression with handwriting practice when they are taught calligraphy or cursive writing as an art form in Art and Creativity. Furthermore, giving pupils creative writing assignments and requiring them to write their answers by hand promotes original thought while enhancing their handwriting.

Additionally, Create integrated projects that ask students to use handwriting in a variety of academic areas. For example, an environmental science project may entail conducting research, composing a report, designing a poster, and presenting the results, all of which would need handwriting. Teachers may improve their pupils' writing abilities, advance cognitive growth, and create a stronger bond with the content by incorporating handwriting into a variety of courses. This all-encompassing method enhances the educational process while valuing handwriting as an essential talent.

### **Integrating Conventional and Digital Methods**

Establishing a balance between digital technology and traditional handwriting training can result in a dynamic and effective learning environment. Children who struggle with dysgraphia or other learning difficulties might greatly benefit from this. Here are a few ways to incorporate these approaches (Dakhi 1, et al. (2020). [19]).

**1. Digital Tools for Handwriting Practice:** Digital handwriting programs may considerably improve traditional handwriting training by giving pupils, especially children with writing disorders pleasant and engaging opportunities to practise their abilities. These applications, which replicate tablet writing, frequently give quick feedback, allowing students to fine-tune their technique and increase their fluency. By incorporating such technology into the learning process, educators may create a dynamic and engaging environment that promotes the development of good handwriting abilities.

*Handwriting Apps:* Handwriting applications: Use applications made exclusively for improving handwriting abilities. These applications frequently include interactive workouts, customisable templates, and progress monitoring capabilities.

*Digital Pens and Tablets:* Promote the use of digital pens and tablets, which enable students to write directly on the screen. This blends the feel of pen and paper with the convenience of digital storage and modification.

*Interactive Whiteboards:* Use whiteboards with interactive features to facilitate group brainstorming, mind mapping, and group taking notes as well as other cooperative handwriting exercises (Dui, et al. (2021). [20]).

**2. Bridge the Gap Between Handwriting and Digital Text:** Introduce students to handwriting recognition software that converts handwritten notes into digital text. This can be particularly helpful for students who struggle with typing speed or have difficulty transitioning between handwriting and digital platforms. Teach students how to scan and digitize their handwritten work, allowing them to share, store, and organize their notes electronically (Nockels, et al. (2022).[21]).

**3. Enhancing Engagement and Motivation:** Use multimedia projects that incorporate handwriting and digital technologies. For example, have students write handwritten storyboards that can be animated online or videotape themselves telling handwritten stories. This will combine digital and creative expression. Use educational games and online resources that combine handwriting practice with interactive tasks and challenges to further engage and inspire pupils in the learning process (Alioon, et al. (2019). [22]).

**4. Customised Education Programs.** Use digital tools to provide individualised handwriting practice and help based on each student's requirements and learning preferences. This is one way to include differentiated teaching. Investigate adaptive learning systems as well, since they may modify the style and level of handwriting exercises based on the performance and advancement of each pupil, guaranteeing focused and efficient practice.

**5. Using AI Tools for Evaluation.** Utilise techniques for artificial intelligence (AI) to evaluate handwriting development. These instruments may evaluate a handwriting's legibility and speed, among other characteristics, giving teachers important information about how each pupil is progressing. Personalised learning plans and focused interventions may be developed using this data (Salvagno, et al. (2023).[23]).

### **Making Use of Assistive Technologies for dysgraphia students**

Utilizing assistive technologies can greatly enhance learning experiences and academic performance for students with handwriting difficulties by offering alternative methods for text composition and overcoming barriers related to handwriting challenges, especially for those with conditions like dysgraphia. These technologies improve writing skills, foster inclusivity, and independence, reduce writing-related anxiety, and boost self-esteem and motivation (Molina-Vargas, et al. (2021). [24]). Integrating these tools into educational settings helps create a more supportive environment that accommodates the diverse needs of all students.

*Voice Recognition Software (Speech-to-Text)* Enables students to speak their thoughts, avoiding challenges with handwriting or typing, and fostering independence.

*Word Prediction Software* Helps by suggesting words during typing, reducing the cognitive effort required for spelling and writing, and streamlining the writing process.

*Digital Notebooks and Tablets Devices* Devices such as digital notebooks and tablets with stylus capabilities allow students to practice handwriting while utilizing digital features found in apps like Notability and Microsoft OneNote.

*Handwriting Apps* Apps like LetterSchool and Writing Wizard provide interactive exercises and gamified elements to make handwriting practice more engaging and enjoyable.

*Adaptive Keyboards Writing Tools, and ergonomic pen grips* improve accessibility for students with motor difficulties, making both typing and handwriting easier (Goldman, et al. (2023).[25]).

### **Incorporating Parents as Partners**

It is essential to involve parents as collaborators in encouraging handwriting practice at home to cultivate a positive mindset towards this ability. Parents should address the matter with sensitivity after learning about the unique difficulties their child has writing by hand. The practice may be made more pleasurable and relevant by creating a focused practice schedule, utilising entertaining and engaging resources like colourful pens or smartphone applications, and integrating handwriting into everyday tasks like making shopping lists or thank-you cards. Control and dexterity can also be improved by developing fine motor abilities through games like bead stringing or clay modelling. Parents may greatly assist their children's handwriting development and foster a positive writing attitude by actively participating in these activities.

### **Promoting Handwriting as a Life Skill**

Encouraging handwriting as a life skill highlights the significance of this talent outside of the classroom, highlighting its use in daily communication and self-expression. Writing personal notes, making lists, and sending genuine messages all need legible handwriting, which is essential for fostering deeper ties than digital communication. It is also necessary to sign documents that represent one's identity and comply with the law, such as contracts and legal documents. Handwritten notes that are neatly organised can improve communication and project professionalism in professional settings. Furthermore, handwriting encourages self-expression via journaling and creative writing, which promotes emotional health and personal development. Strong handwriting skills are still essential for authentic and successful communication in a variety of contexts, even in the age of technological developments. This should motivate people to respect and hone their handwriting skills outside of the classroom (Lopez-Escribano, et al. (2022).[26]).

## **V. Future Directions And Recommendations**

Research on digital learning's impact on handwriting development must continue as it transforms educational environments. Investigating the effects of the increasing reliance on digital technologies on handwriting skills, cognitive processes, and literacy is essential. This research is indeed for informing instructional strategies (Yamaç, et al. (2020) [27]). Research should focus on figuring out how to teach handwriting effectively in digital learning environments and look at how technology may enhance handwriting abilities rather than replace them.

Encouraging an integrative approach to studying is essential to preparing students for success in an increasingly digital environment. This strategy should provide equal emphasis on the value of digital and handwritten abilities, recognizing the unique contributions that each brings to learning and communication. Through the establishment of a learning environment that prioritises handwriting in addition to digital literacy, educators can empower students to develop a comprehensive skill set that supports both their academic performance and their ability to express themselves. In the end, emphasizing balance, cooperation, and research will guarantee that handwriting remains a crucial component of literacy instruction in the digital age.

Educators and policymakers should adopt several key recommendations to ensure the continued relevance of handwriting in the digital age. First, it is important to embrace a growth mindset by fostering a positive attitude toward handwriting, highlighting its significance as both a cognitive tool and a form of self-expression (Prozell-Thoma. (2019).[28]). Handwriting should be strategically integrated into the curriculum, with activities that are purposeful and aligned with educational goals, rather than being treated as an isolated subject.

Professional development is crucial; it teaches teachers how to carefully incorporate technology into their lessons and how to teach handwriting in digital learning settings. Research funding is particularly essential for studies that examine the pedagogical and cognitive effects of handwriting in a digital setting and evaluate the efficacy of different teaching strategies (Baker, et al. (2019).[29]). Ultimately, to ensure that handwriting training continues to be an essential part of the curriculum, balanced educational policies that acknowledge the importance of both handwriting and digital literacy should be adopted (Wollscheid, et al. (2016). [30]).

## **VI. Discussion And Conclusion**

As digital learning becomes increasingly common, it is critical to maintain a balanced literacy strategy that emphasises both handwriting and digital abilities. Handwriting remains an important cognitive tool and method of self-expression, but its position is under threat because of the growing reliance on digital technology. Ongoing study is required to better understand the influence of digital technologies on handwriting, cognitive processes, and general literacy. Educators should intentionally include handwriting in the curriculum and seek professional development on efficient teaching approaches in digital contexts. Future studies should look at how technology might improve, rather than replace, conventional handwriting abilities. Furthermore, balanced educational policies are required to guarantee that handwriting remains an important part of literacy instruction. By prioritising these efforts, educators and policymakers may assist students in developing a comprehensive skill set that will support their academic performance and personal expression in the digital era.

In conclusion, there are some positive as well as negative aspects of digital learning. On a positive note, electronic devices such as laptops, mobile phones, tablets, and stylus pens, can develop fine motor skills. Using stylus-based input can not only improve hand-eye coordination but also adroitness. Some apps like Handling Without tears which are specially designed for children provide fun learning activities and pre-programmed structured exercises intended to improve handwriting. Apps like Lazy Dog Calligraphy Practice is an interactive app that allows children to learn and practice classic handwriting, cursive writing, and the alphabet. This interactive app which is fun learning potentially increases their motivation to improve writing skills.

On the negative side, electronic devices may improve motor skills however, they may not fully imitate the tactile experience of pen and paper. To be practical children may still need practice with physical writing.

One of the major challenges is too much dependence on electronic or digital devices might reduce the importance on traditional handwriting. In the present century, comprehensible handwriting remains essential, especially in situations where digital tools are unavailable.

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