



**Contents:**

The Effect of COVID-19 Pandemic on Performance of University's Athletic Team: A Review	01-14
A Literature Review On Shorten Pectoralis Minor In Subjects With Subacromial Impingement	15-20
Literature Review on Instrument Assisted Soft Tissue Mobilization in Text Neck Syndrome	21-29
Analysis of Volleyball Sports Coaching Pplpd Aceh Athletes In 2020/2021	30-33
Implementation Of The Trias Uks Program In Public Elementary Schools In Bandar Baru District, Pidie Jaya Regency For The 2020 /2021 School Year	34-38
Case Report on Prolapsed Lumbar Intervertebral Disease (PLID) Treatment Through Acupuncture: In Suo Xi Acupuncture Hospital in Bangladesh	39-42
Effect of mechanical neck pain on neck disability with forward head posture during the COVID-19 pandemic among school teachers	43-49