

Career in Physical Education and Sports

Dr. Prof. T.F Gulhane

*Rajiv Gandhi College of Engineering Research & Technology, Chandrapur,
Maharashtra, India*

Abstract: *Physical Education degree/diploma is beneficial for any profession where you deal with the education, development and need of people, and for occupations which require presentation, interpersonal management and leadership skills. In this paper, physical education graduates and post graduates obtain skills which furnish them for employment in a broad range of career opportunities in a broad range of career opportunities, including other sections of education, national and regional sports and recreation organizations, local government, the health and fitness industry and sports coaching.*

Keywords: *Physical education, career opportunities, management and leadership.*

I. Introduction

Physical Education deals with the frame of the human body, taken during basic and secondary education that encourages psycho-motor learning in play or movement exploration setting to promote health.

The aims and objective of physical education depend to a great extent on the political, economic and social changes that take place in a society like the development of organic fitness, the development of neuro muscular skill, the development of character and personality, to prepare highly qualified leaders in the field of physical education and sports.

The physical education has a major role to play a role in school system. Without physical education program, we can never hope for a child's wholesome development. Now-a-days, professionals in the field of physical education and sports have good opening in this areas. In the C.B.S.E, curriculum physical education is compulsory subject in the +2 level. Moreover, physical education is of equal important for all students from class's nursery to 10th standard. Thus, with respect to job opportunity schools are lucrative and wide ranging. Most of Government, semigovernment, public and private institutes recruit physical education teachers for handsome pay and perkx. For this the candidates should have some skills like information of human movements, health and physical activity, Information of another academic discipline of interest to individual, awareness of the holistic nature of health and movement, coaching motivation and teaching skills, interpretive and analytical thinking, leadership and organization skills, interpersonal skills, critical reflection.

II. Physical Education And Sports Science Experts As Coaches

Coaching is wide area of engagement of the experts in the field of physical education and sports. Sports proficient in particular game or sporting event can undergo coach training in the NIS(National institute of sports) under the sports authority of India(SAI). Person with the degree or masters degree in physical education are considered to be more be suitable for professional. Coaches are great demand in government, semigovernment and private institute like, SAI, Sports school, various states sponsored association and organization clubs, gymnasiums, fitness centers etc. Now days, most of the general academic schools also employ coaches for imparting training in specific games or sporting events.

III. Scope In College Teaching

Physical education occupies a dignified position in the higher education sector, apart from teaching in colleges physical education has been include as an elective subject in the degree course (B.A,B.Sc).level professional with masters who have qualified NET,SLET,or having M.Phil or Ph.D degree may get job as asst.professor or lecturer in colleges.

IV. Jobs Opportunity Of Physical Education In Sports Fields

There are various opportunities of physical education in sports fields for an example, Physical education teacher, outdoor education teachers, school sports director, recreational programmer, personal trainer, policy analyst-recreation, sports development officer, youth worker.

V. Physical Education And Sports Science Escape Beyond Schools And Colleges

Professional scope of physical education and sports science is vast and vivid like, in spas, fitness and health club, yoga centers, physical education escape in the technical institutes (IIT, NIT), also in mass media (sports journalism).

The subject physical education is composed of principle derived from physics, chemistry, biology, social science etc. so there is valid scope of research work in various areas like biomechanics, exercise physiology, anthropometry and sports, sports psychology, sports sociology etc.

VI. Top Colleges Offering Ug/Pg/Other Courses

There are several academics and institutes under sports authority of India (SAI) that impact training to young students to transform them into talented sports person. Some prominent sports institutes in India are lakshmi Bai National Institute of Physical Education, Gwalior; lakshmi Bai National College of Physical Education, Thiruvananthapuram; MRP Pace Foundation, Chennai; Tata Football Academy, Jamshedpur; National Cricket Academy Bangalore; Gujarat University, Ahmadabad.

The remuneration of sports persons totally depends on the sporting activity chosen. In this vigorous and spirited field, what matters is not merely the number of years of experience in the field, but also the capability of the sports person to deliver excellent performance consistently.

VII. Conclusion

The sports have many open up career opportunities for young talents in India. After acquiring training in various sports academies, one can opt for building a career as a sports person and play at state level first and then explore authorities national and international levels. Apart from serving as a player, experienced sports person can also work as a coach, team manager, fitness instructor, umpire or referee, sports commentator, sports photographer, sports equipment supplier or manufacturer, and consultant.

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