

Role of Family Planning and Sustainable Economic Development in India

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Abstract-

The main goal of population planning is not just to reduce the number of human beings, more or less. Have to be kept but of the life of a large part of the world's growing population Growth in quality has to be pursued. India is very populous Is a nation. Here, the excessive increase of human resources helps the national government in population planning and invites the implementation of planned economic development programs. Population it is necessary to keep in mind that under regional planning, in the regional context there should be a balance between manpower and all available resources. Current population growth Looking at it, it is being said that by 2050, India s population should be more than China This will create a whirlwind-like situation in the society, which is a dark area The future stands for So to avoid cycles of growth and disruption, we need to Measures have to be taken to establish stability at the level. In such a situation of a crisis before the situation arises, every person living in the area becomes aware towards this Implementing important activities like family welfare and family planning Will happen.

KeyWords:- population planning, family welfare and family planning, Sustainable Economic Development, population control,

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I-Preface-

089 in india is the first country in the world to family planning program at the government level India has adopted family planning since 1951 to limit population the program is being run. Control over growing population and limited resources established to do this, it is necessary to control the population. Literally Family planning means giving birth to ordinary two or three children, family size Is deemed to be systematically limited. Family planning means one such Plan, which includes family income, mother's health, proper children's nurturing And keeping in mind the education at an appropriate time and an ideal number of children Be given birth to.

Family planning in india-

There is a difference between population control and birth control. Today's population control The issue is that the practice of birth

control has been going on since ancient times. modern Science has given us many methods for fertility control. Now almost the entire womb Prevention is possible. New scientific methods are also coming up for the treatment of sterility Family planning and population control have been a central national issue for many decades. Family planning means that the family remains small and there is a substantial gap between the children. At the national level, it has the effect of population control. Family planning people They do as they wish but population control depends on the will of the planner. Family planning or family welfare program is a national program, which since 1951 Is being run.

The main objective of this scheme is to check the increasing population of the country. Infection and infectious diseases with control on birth rate, mortality and child mortality Control, safe efforts, immunization services, nutrition, and diarrhea control such as to make the program effective, education and publicity programs were run all over the country. Have to go. Earlier this program was called Family Planning, because then the department only But since 1978 this program Linked to maternal sage welfare program, from the right age of marriage Care during pregnancy, safe delivery, mother and child care, life of children Population control along with the program of vaccination for protection from diseases Family welfare program renamed family welfare by providing services the program was done.

The main objective of the policy goals of the family welfare program is such a range of population To reach the environment, as well as the resource base of future generations without Approves the best quality of

life, even when it is endangered. An important way to reduce the growth rate of India's growing population Family Planning. Family planning means raising the family to a limit. Go so that the standard of living is raised keeping in mind the income of the family or At least it should be stopped from being inferior. In essence, "the family Deliberately restricting according to your will, to produce children after a reasonable time Family Planning. "For this, many remedies can be used: (1) Pregnancy Preventive devices (2) medicines (3) operations (4) loops (5) injections etc. In other words, family planning is one in which a family has one or two children. There should be a difference of three years in the birth of these children. After two children Mother or father should have their operation done. Now the government And has expanded it to Family Welfare.

Meaning of Family Planning and Family Welfare: -

Family planning is one of the most popular and well-known term of the present day And planning - is made up of two words. Family based on a small group of sexual relationships planning means Limiting family size is. Generate the desired child by providing your Family planning is to keep the family limited and coordinated according to economic means. In the broad sense, family planning is a welfare scheme aimed at the individual. Advancement is the well-being of the family, the improvement of society and the advancement of the nation (Karve 1951). Under Family Welfare, only proper birth at birth and prohibition of birth It is not only involved, but also mother and child health care, treatment of bondage. Marriage, Guidelines and Advice, Pre-Marriage Advice and Education, Home Economics and Nutrition This means that the meaning of family welfare is not limited to the control of births.

The health of the entire family has to be taken care of. Family like this Development of fertility development under welfare programs, use of artificial contraceptive devices, Abortion, number of children, difference between their birth; difference in age, parents and friends Health, medicine and family size, nutrition, education and inclusion of those programs Those who are related to the entire unit of the family and many of its members. Their Programs are called family welfare programs.

Efforts to make family planning program successful only family welfare Cannot be confined to department or ministry or government sector, but all possible There is a need to spread this message to everyone through media. If this is the leader, Taken as a challenge by youths and elected representatives If it can, then it can become a part of our social life. Small family values Therevolution can be made successful by following the plan of small family through family planning. Can. inspiring

Is defined in the form, in which the system of childbirth and their upbringing Lives (India 1986). Planning means working as planned. Planning one Planned for achieving well-defined and well-defined goals in the given period Is the

others to ensure better quality of life can be done. Adopting small family standard is essential for building a healthy nation is. It is only then that the betterment of the people so that this country is definitely will pledge on the

path of socio-economic development, its commitment to work for We will be able to complete (Health and Family Welfare Report 1993). India attained independence Soon after, he had adopted the family planning framework. Last four decades also Despite this campaign going on for a long time, there is no significant decrease in population growth rate. History and methods of family planning and family welfare: -

The history of family planning in India started from the first decade of the twentieth century. it happens. In 1916, Pyare Lal KintanVantal wrote about population growth and its consequences. Giving details on the importance of family planning is published (Dhanvanti 1949). Year 1925 In spite of many protests for the first time in E.D., Prof. R.D. Karve gave the first child-renunciation in Bombay. Established a hospital (Mehta 1952). At that time it was not even imaginable That in future this use of childless grace will herald a nationwide movement and one It will take shape, Ai3C in 1930 by the then Mashru government in

Bangalore The first SanthiNigrahHospital (Birth Control Clinic) was established, which is complete It will always remain a matter of pride for the nation. The nation's protected public opinion since 1930

Welcomed the idea of family welfare. Then in 1932, the then Madras Government Started Santi Nigrah Hospital in Presidency. Indian National Congress. The Planning Committee accepted the need and importance of family planning in India in 1935. While planning to make this an integral part of development plans. Memory card Strong supporter Dr. A.P. Pillai established training centers in 1936 in many places. of In the year 1938, the then President of All India Congress Shri Subhash Chandra Bose gave his In the presidential address, family planning program was supported. Raina saheb in 1939. Had a "Mother's Year" in Ujjain and in 1940 Sheri PN

Sapubiessatfiecfijja in Inaia A proposal was made in the Legislative Council to establish a hospital which passed by majority. Was. During this period, Mrs. Reenadatta from the Family Planning Association of London Did the survey. In 1943, the Health Survey and Development Committee of the Government of India For maternity protection, it was recommended to open SanthiNigrah block in government hospitals. The Father of the Nation, Mahatma Gandhi, however, opposed the artificial means of family planning However, he accepted the need for family planning.

After independence, in 1949 AD, the Indian headed by Mrs. D. Rama Rao Family

Planning Association was established. The main function of this association is family planning in India. Had to be promoted. After this, the Planning Commission under the chairmanship of Dr. Sural Nayyar. A Vioshish Samiti was formed to make suggestions regarding family planning program. The other members of the committee were Dr. RA Gopaldaswamy, Dr. Gyanachandra and Dr. AC Basu. The committee expressed deep concern over the increasing population and family planning. Gave important suggestions regarding the implementation of the program. Papulean Council in 1953 Frank Natstein and Dr. Lunavam Gartner to give advice on the Indian population on the control of Came to India. On his suggestion, the Family Welfare Research and Program Committee made this decision Took that the family planning program in the country should be started immediately. Since 1951

The period between mid-1965 was informed of the hospital approach, when thousands of people in India A number of family planning centers were opened, but widespread illiteracy, poverty, Due to sectarian inaccessibility and religious, social conservatism, this program is expected Could not get success. Therefore, in the year 1962-63, people were given families under the expansion approach. Planning programs were encouraged to be adopted.

more people with the help of publicity media by appointing welfare workers Attempted to attract. This is the cash incentive for sterilization, operation Is part of the plan. Dawson has now added a "broadcast approach" as well as a "cafeteria approach" Is adopted, under which people can get any of the available means of family planning.

Benefits of family planning-

The benefit of family planning rests with that adopted family as well as the country and society. We can see this as follows.

1. **Benefits to children-** Family planning has a favorable impact on children. Less children Due to this, their education and upbringing will be done well. Their We will be able to develop good education on health. Who later became good citizens of the country Can be made.

2. **Benefits to parents-** Family planning has good effect on parents' health It has to be read. They can keep their family's standard of living high. Good mothers Health, longer life and happier life and more care for children and Family planning is necessary for upbringing and education.

3. **Benefit to society-** Family planning is important for both the individual and society. Because less children will be able to nurture them well, which will be good Will become a citizen due to which the society can be upgraded and the level of society up Will rise

4. **Benefit to the nation -** Economic implementation of the country only when family planning is implemented effectively Rapid development is possible. Reduced poverty, unemployment and economic inequality can go. Importance of family planning and family welfare-

Family planning is now considered a fundamental human right for a better standard of living is. Adequate differences in births are important for better family health and women It is helpful to get more independent and equal family planning, then most women only Will give birth to two or three children only.

1. Good health of mother due to adequate birth of only two children lives. She takes good care of the family.

2. Health hazards of mothers and infants are greatly reduced.

3. The small family remains healthy, happy and contented.

4. Due to good education, couples can do family planning independently.

5. The danger of birth at the time of birth of mothers beyond the age of 20 years Does not last.

6. Having only two children, the foster can take good care of them. They can easily bear the expenses of their diet, clothes, education. Children growing up But often they become good useful citizens.

7. Money increases and levels improve in small family.

8. Mother has enough time and interest to improve her education and work Keeps

maintained. His social status is also better. Sustainable Economic Development and family planning & welfare:

- Attitude towards family growth and family planning in any society Corresponds to social, economic, biological and demographic data. On a broader scale There is a reverse relationship between family prosperity and population growth. On increasing family income The population growth rate decreases and income increases when it is low. Socially and generally According to the economic structure, there is a difference in population growth. against population growth.

The approach is relative to the economic prosperity and social status of the family. That is, homogeneity is found in family prosperity and family planning. In rich family Different methods of family planning are used more whereas the poor family Mostly negative attitude towards They only children consider wealth. According to the social and economic status of the family Attitudes towards fertility and population growth vary. Of Thompson (1965) According that as the density of population increases in an area,

in that area There is also a decrease in population growth and if other circumstances remain the same Population growth stops at the point at which people live there.

That a lot of openness is available, that is, increase in the wealth of the person Reduction in growth is helpful in the field. Therefore, in the financial prosperity of such a person.

There will be Economic progress as the population growth will decrease.

The population of a country has its own economic level. From an economic perspective the resources to be endowed or endowed with wealth and their family It is accomplished by prosperity. Quantitative and qualitative accessible resources of stand A new form of economic condition of society is structured. Muftiganj development block one agriculture is the predominant area. Most of the population here depends on the objection to primary production. Therefore, every family and society there is concerned about the economic situation He has not risen above the normal and normal levels. The form of prosperity projected in the field of living; Formally ensure the prosperity of the family and society and ultimately the whole human.

The reason for that wealth is not only the source of agricultural income but also the job Or other commercial facilities. Economic status related to study area Information of reasons, population to be published at district, state and national level Even the related records could not be completed. Therefore, the various judiciary of the development Block Assessment of income on the basis of holdings and income Of the civilization and prosperity of the region

selected personal interviews from various villages Has been drawn These families of the study area have three (affluent, common and not wealthy) Are classified into sections.

Conclusion:-

Family planning is required at both personal and worldwide levels. There are not enough resources to go there and what resources are not evenly distributed there. Therefore, it is absolutely necessary that everyone be educated about family planning and the benefits it brings. Until the 20th century, people, especially women, could only rely on luck or prayer at the time of family planning. People who wanted children did not always have them. Those who did not want too many children or they wanted to have children even further, could do nothing to fulfill it. Family planning helps bring down the growth rate of the population so that the burden on our resources,

if not at all easy, does not increase at least. China's one-child policy and India's two-child policy are examples of countries using family planning methods to control their populations.

While most people often use birth control and family planning equally, the fact remains that family planning does more than just prevent conception. It is the best way for couples to chart their future, for women to control their own bodies, and for countries to control population growth. Many may disagree on religious or moral grounds, but the fact remains that family planning is an absolute necessity in the 21st century.

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