

## IOSR Tournal of Nursing and Health Science **IOSR Journals**

**International Organization** of Scientific Research

Volume: 9 Issue: 4 Series-11 e-ISSN: 2320-1959

## **Contents:**

Cultural Food Practices among Postnatal Women in a Tharu Community of Birgung, Province 2, Nepal Dr .Archana Pandey Bista, Associate Prof. Dr. Kalpana Sharma, Romina Shrestha, Bista A, Sharma K, Shrestha R	01-06
A study to develop and evaluate the effectiveness of structured teaching program on strategies of communication competence while delivering health care services among Nursing Officers in terms of knowledge, attitude and practice in Deen Dayal Upadhyay Hospital, New Delhi Chandani Thakur, Sunita Patney, Sarita Shokanda	07-23
Assessing Efficacy of Self-Instructional Module on Rehabilitation After Spinal Cord Injury in Terms of Knowledge and Expressed Practices Among Indian Patients and their Caregivers  Gracy Phinao	24-34
Psychosocial Problems of Old Age Chetna sen	35-37
A study to assess the knowledge level regarding benefits of breastfeeding with additional resources among postnatal mothers Deenajothy.R, Suchitra suresh, Suganya.k, Suganya.V, Sumathi.G	38-42
Mother's Perception on Childhood Obesity in Dhaka, Bangladesh Dilip Kumar Nath, Shahanaz Parveen, Ferdous Jahan, Hae Young Kang	43-51
Problem Based Learning strategy verses lecture effect on academic achievement of Technical Health Nursing Students Heba Adel Ramadan, Sahar Mohamed Soliman, Samia MahmoudAbd El Mouty	52-61