

# Empowering The Immune System, Immunotherapy In Cancer Treatment.

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## **Background:**

*CANCER: A complex and devastating disease.*

*Cancer is a leading cause of death worldwide accounting for over 9.6 million deaths annually. Despite advancements in traditional treatment such as surgery, chemotherapy, and radiation therapy. Cancer remains a significant clinical challenge.*

*Limitation of traditional cancer treatments*

*Traditional cancer treatments often have limitations including*

- ✓ Systemic toxicity
- ✓ Limited efficacy
- ✓ The immune system Resistance development
- ✓ Poor quality of life

## **A Powerful Ally**

*The immune system plays a crucial role in cancer surveillance and elimination. Immunotherapy harnesses this power to enhance anti- tumor immune response.*

## **Immunotherapy: A Paradigm Shift**

*Immunotherapy has revolutionized cancer treatment by*

- 1.Targeting specific cancer cells
- 2.Enhanceing immune cell function
- 3.Inducing long-term remission
- 4.improveing quality of life

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## **I. Introduction:**

Cancer, a devastating disease affecting millions worldwide, has long been a formidable foe in the medical arena, often accompanied by significant side effects and limited success. However, a revolutionary approach has emerged.

Immunotherapy, by harnessing the power of the immune system, offers new hope for patients and has transformed the landscape of cancer treatment.

Immunotherapy: A game-changer in cancer treatment.

Immunotherapy works by enhancing the body's natural defenses to recognize and attack cancer cells.

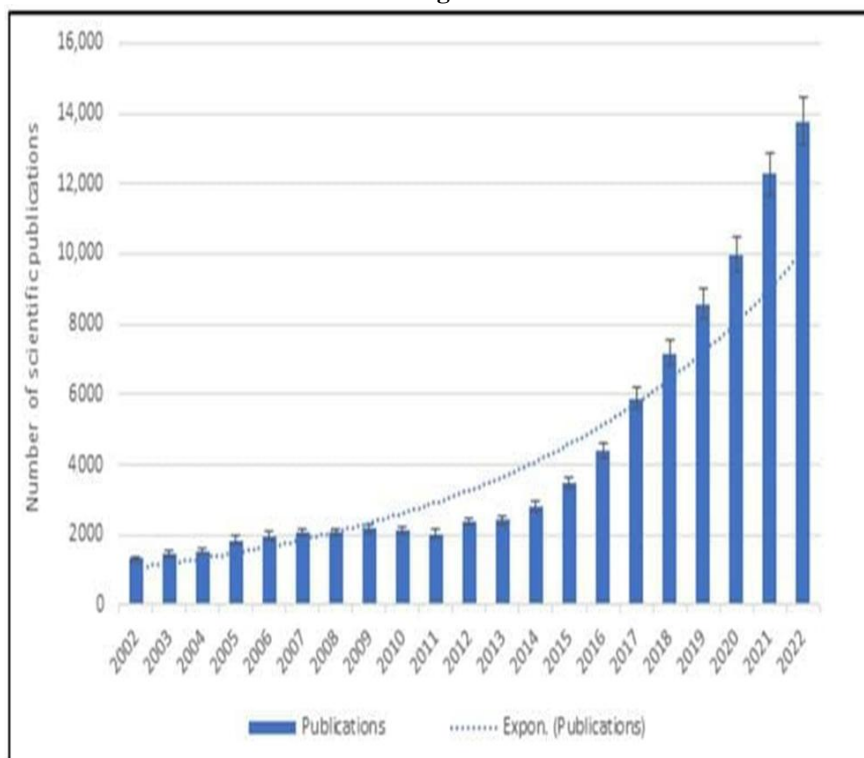
This targeted approach has shown remarkable promise in treating various types of cancer, including Melanoma, lung, kidney and Lymphoma. With its potential, Immunotherapy has become a beacon of hope for patients and Clinicians alike,

## **II. Historical Milestones:**

Key Milestones in Immunotherapy Development include,

- ✓ 1891: William Coley's bacterial toxins stimulate Anti-tumour immunity.
- ✓ 1990: cytokine therapy (IL-2, IFN- alpha)
- ✓ 2011: Ipilimumab (CTLA-4 inhibitor) approved for melanoma
- ✓ 2014: Pembrolizumab (PD-1 inhibitors) approved for melanoma

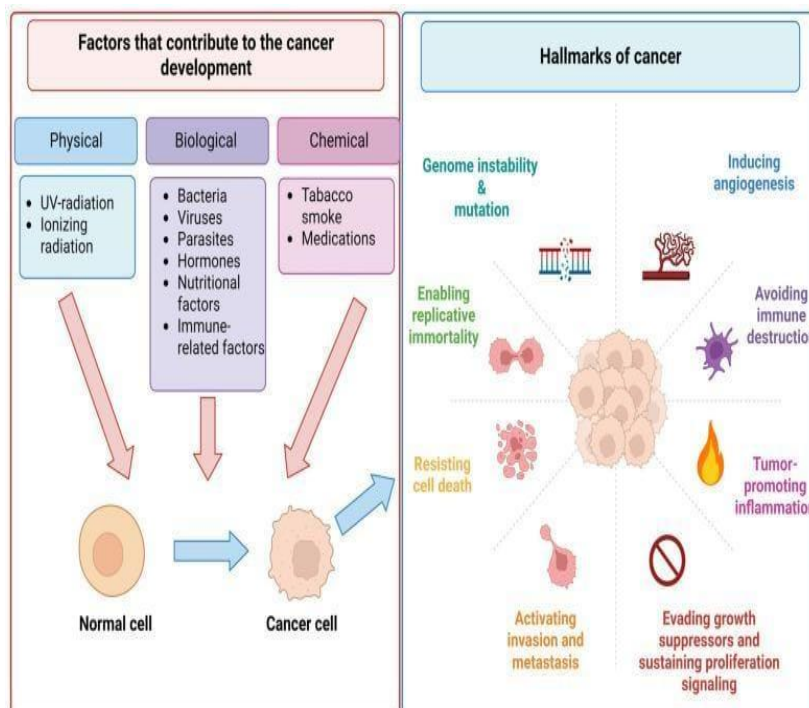
Image-1:



**Current immunotherapy treatments works in three-district ways:**

- Ramping up the immune response. The first immunotherapies, cytokines such as interferon, stimulate the growth of immune cells.
- boosting targeted therapy, the overall immune response is strengthened when Immunotherapy is combined with some targeted therapy drugs.
- releasing the brake on the immune response. Cancer cells can produce a protein that turns off the immune response, blocking this protein releases the brake and enables the immune system to attack the cancer cell

Image-2:



### Experimental work: Study design

1. Prospective, open-label, single-arm clinical trial.
2. 100 patients with advanced melanoma
3. Treatment: Pembrolizumab (200mg IV) + Ipilimumab (3mg/kg IV)

### III. Methods:

1. Patients selection: Histologically confirmed melanoma, stage 3/4.
2. Inclusion criteria: ECOG 0-1, adequate organ function.
3. Exclusion criteria: Autoimmune disorders, prior immune therapy.
4. Treatment duration: 12 months or until disease progression.
5. Efficacy assessments: Tumor measurements, immune cell profiling.

### IV. Results:

#### Efficacy:

- Objective response rate 60%.
- Progression free survival-9.5 months.
- Overall survival-18.2 months.

#### Immunological Response:

1. Increased CD8+T-cell infiltration in tumors ( $p < 0.05$ )
2. Enhanced T-cell activation (CD69+) ( $p < 0.01$ )
3. Elevated cytokine levels (IL-2) ( $p < 0.01$ )

### V. Conclusion:

Combination immunotherapy with pembrolizumab and ipilimumab demonstrated significant clinical activity and immunological responses in advanced melanoma patients.

### VI. Future Disorders:

- Investigating combination regimens with other immunotherapies.
- Exploring predictive biomarkers for treatment response.
- Developing personalized immunotherapy approaches.

### References:

- [1] Wolchok Et Al (2013) Ipilimumab Monotherapy In Patients With Pretreated Advanced Melanoma.
- [2] Ribas Et Al (2015) Pembrolizumab Versus Investigator Choice Chemotherapy For Ipilimumab- Refractory Melanoma.