

Growth Response of *Oreochromis niloticus* (L) fed Crude Extract of *Azadirachta indica* Saponins

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Abstract: A 56 day feeding experiment was carried out to investigate the effects of *Azadirachta indica* saponins on growth of *Oreochromis niloticus*. Saponins from *Azadirachta indica* leaf was isolated and incorporated into a basal diet at 0.0, 0.5, 1.0, 2.0, 4.0 and 8.0 g kg⁻¹ respectively (representing; D1, D2, D3, D4, D5 and D5), and fed to 180 *Oreochromis niloticus* of Mean±SD weight 20.97±3.52-23.13±1.99 g, twice daily at 3 % of their body weight. There was variations ($p<0.05$) in the growth parameters, the highest Mean±SD weight gain of 23.12±2.79 g was observed in group D3 (1.0 g kg⁻¹ diet) which also had the best average daily growth rate, specific growth rate and food conversion ratio of 0.44±0.01, 1.158±0.02 and 1.57±1.09 respectively. Gradual increase in weight gain was observed as the concentration of *A. indica* saponins increased from 0.5 – 1.0 g kg⁻¹ and a decrease was observed from 2.0 – 8.0 g kg⁻¹ diet. The control group had the least percentage weight gain of 68.37±2.99 %. This study infers that for efficient and sustainable development in tilapia culture *Azadirachta indica* saponins could be used to enhance growth of *Oreochromis niloticus*.

Key words: Concentrations, extract, growth, phyto-additives, saponins.

I. Introduction

The growing tendency for food safety has led to the ban of antibiotics which has widely been used to enhanced growth, to replace their effect there is need to search for natural alternatives. Phyto-additives are folder additive obtained from plant extract. Plant materials serve as storehouses for safer, cheaper and biodegradable chemicals. [1] reported that hormones, antibiotics, vitamins and several other chemicals have been tested as growth promoters, antibacterials and other purposes in mariculture, though they have been reported to have positive effects on fish and shrimps it has been observed that they cannot be recommended in commercial culture operations due to their residual effects in the muscles of fish and shrimps.

Saponins are naturally occurring surface – active glycosides with a distinct foaming characteristic. It is an important group of plant metabolites [2]. Saponins have been variously attributed with a diverse range of properties some of which include both beneficiary and detrimental effects [3]. Saponin-rich plant extract (*Yucca schidigera*) have been found to improve growth, feed efficiency and health in ruminant animals [4]. [5] also observed that the supplementation of feed with leaves of *Sebania sesban*, known for its high saponin content have the potential of improving protein flow from the rumen. *Azadirachta indica* is a fast-growing tree that can reach a height of 15 – 20m, usually evergreen tree, with a fairly dense crown and a globrous leaves divided into leaflets. The opposite pinnate leaves are 20-40cm long, the terminal leaflet is often missing, the petioles are short. Very young leaves are reddish to purplish in colour, the shape of mature leaflets is more or less asymmetric and their margins are dentate with the exception of the base of their basiscopal half, which is normally very strongly reduced and cuneate or wedge-shaped [6].

Oreochromis niloticus can be recognized at a glance by the characteristics pattern of dark and light bands crossing the caudal fin. The body is rather elongate and usually shows a number of narrow bands on the back. It is one of the largest tilapia reaching the considerable length of about 50 cm [7]. The effects of *Azadirachta indica* leaf at controlling reproduction had been reported in fish and rats [8 & 9]. Thus the aim of this work was to study the effects of *Azadirachta indica* saponins on the growth of *Oreochromis niloticus*.

II. Materials and Methods

2.1 Experimental site

This study was carried at Kwara state Ministry of Agriculture and Natural Resources hatchery farm Ilorin, Kwara state, Nigeria. Ilorin is the state capital of Kwara state located in north western Nigeria on latitude 08° 30' N and longitude 04° 35' E.

2.2 Identification and Preparation of Plant Materials.

Azadirachta indica fresh leaf were collected within University of Ilorin Campus, they were authenticated at the herbarium section of Department of Plant Biology University of Ilorin, Nigeria before use. The fresh leaf was shade dried for 2 weeks, before grinding into fine powder using an electric blender. The crude ethanol extract was prepared by soaking 100 g of dried powdered sample in 500 ml of ethanol for 24 hours. The filtrate was concentrated to semi solid substance.

2.3 Isolation of Saponins

Saponins content of the leaf crude extract was isolated according to the methods of [10] and as modified by [11]. 100 ml of diethyl ether was measured and mixed with the crude extract, the mixture was stirred very well and then poured into a separating funnel, the mixture in the separating funnel was further shaken severally and allowed to settled down, after a while two layers were formed the bottom layer which contain the saponins was separated from the top layer, it was further washed several time with diethyl ether until when the solvent was cleared of pigments. 4 g of NaCl and 100 ml of Iso-propanol was added to the Saponins content in the separating funnel shaken vigorously and then allowed to settle down, after a while two layers were further formed the top layer containing the crude saponins was separated from the bottom layer. The crude saponin was further rinsed with 5 g of NaCl and 100 ml of distilled water before it was concentrated in a water bath to obtained a jelly-like substance.

2.4 Preparation of Experimental Diets

The feedstuffs were obtained locally from the market. Basal feed was formulated to provide 35 % crude protein as shown in Table 1. *Azadirachta indica* saponins extract was added to the basal diet at 0.5, 1.0, 2.0, 4.0 and 8.0 g kg⁻¹ diet respectively. The feedstuff were thoroughly mixed in a pelleting/mixing machine, hot water was added at intervals to gelatinized the starch, feeds were pelletized using 2mm diameter die, air dried and each packed in a labelled polythene bag and stored in the refrigerator till when needed. The proximate compositions of the experimental diets were analyzed using [12] method of analysis.

2.5 Experimental Design

One hundred and eighty *Oreochromis niloticus* of mean \pm SD weight 20.97 \pm 3.52-23.13 \pm 1.99 g were obtained from Kwara state Ministry of Agriculture and Natural Resources Hatchery Farm Ilorin, Kwara state, Nigeria. Fishes were acclimatized for one week, after acclimatization they were divided into six groups D1, D2, D3, D4, D5 and D6 respectively (also representing the six experimental diets with D1 serving as the control group) each group was replicated three times, each replicate consist of 10 fishes, these were stocked in outdoor concrete tanks (2x2x1.25 m) supplied with 450 litres of water. Fish were fed 3 % of their body weight/day with the diets at two instalments between 0900-0930 and 1700-1730 for 56 days. Tanks were drained and washed twice a week and replenished with fresh water. Water parameter which include dissolved oxygen, pH and temperature were monitored biweekly.

2.6 Statistical Analysis

All data were analyzed using one-way ANOVA as contained in the SPSS 18.

III. Results

3.1 Proximate Composition of Experimental Diet

Table 1 shows the ingredients and proximate composition of the experimental diet, the inclusion of crude extract of *Azadirachta indica* saponins at different concentrations showed little or no alteration in the percentage crude protein requirement for tilapia culture.

3.2 Mean Weight Gain

The highest mean weight gain (23.12 \pm 2.79 g) was observed in group fed 1.0 g kg⁻¹ diet (D3) while the lowest mean weight gain (14.68 \pm 3.88 g) was observed in the control group (D1). Statistical analysis of the mean weight gain showed significant difference ($p \leq 0.05$) when the highest mean weight gain was compared with the lowest mean weight gain. There was also significant difference ($p \leq 0.05$) when the lowest mean value observed in the control group was compared with the mean value of the group fed the highest concentration of the plant extract (D6), but no significant difference ($p \geq 0.05$) when group D2 was compared with groups; D4 and D5 as shown in Table 2.

3.3 Percentage Weight Gain

The highest percentage weight gain (91.31 \pm 3.64 %) was observed in group fed 1.0 g kg⁻¹ diet (D3) while the lowest percentage weight gain (68.37 \pm 2.99 %) was observed in the control group (D1). Analysis of

variance showed significant difference ($p \leq 0.05$) when the highest mean value was compared with the lowest mean value and with all other percentage mean weight values in the groups, but no significant difference ($p \geq 0.05$) when group fed 0.5 g kg⁻¹ diet (D2) was compared with group fed 4.0 g kg⁻¹ diet (D5) as shown in Table 2.

3.4 Average Daily Growth (ADG)

The highest daily growth rate (0.445±0.01) was observed in group fed 1.0 g kg⁻¹ diet (D3) while the lowest daily growth rate (0.292±0.03) was observed in the control group. Statistical analysis showed significant difference ($p \leq 0.05$) when the highest mean value was compared with the lowest mean value. There was no significant difference ($p \geq 0.05$) when the group fed 0.5 g kg⁻¹ diet (D2) was compared with groups fed 2.0 and 4.0 g kg⁻¹ diet (D3 and D5) respectively (Table 2).

3.5 Specific Growth Rate (SGR)

The highest specific growth rate (1.158±0.02) was observed in group fed 1.0 g kg⁻¹ diet (D3), while the lowest specific growth rate (0.932±0.04) was observed in the control group (D1). Statistical analysis showed significant difference ($p \leq 0.05$) when the highest mean value observed in group D3 was compared with the lowest mean value observed in group D1. There was no significant difference ($p \geq 0.05$) when group D2 was compared with group D5 as shown in Table 2.

3.6 Protein Efficiency Ratio

The highest PER (0.691±0.03) was observed in the group fed 1.0 g kg⁻¹ diet (D3) while the lowest PER (0.458±0.02) was observed in the control group (D1). Analysis of variance showed significant difference ($p \leq 0.05$) when the highest mean value observed in group D3 was compared with the lowest mean value observed in the control group (D1) and when D3 was compared with all other values in the groups. There was no significant difference ($p \geq 0.05$) when the mean value observed in D2 was compared with the mean value observed in D6 (Table 2).

3.7 Food Conversion Ratio

The highest food conversion ratio (FCR) of 2.01±1.16 was observed in the control group (D1) while the lowest FCR of 1.57±1.09 was observed in the group fed 1.0 g kg⁻¹ diet (D3). Analysis of variance showed significant difference ($p \leq 0.05$) when the highest mean value observed in the control group was compared with the lowest mean value observed in group D3. There was no significant difference when the lowest mean value observed in D3 was compared with the mean values of groups D2, D4 and D5 respectively, and no significant difference ($p \geq 0.05$) when the value observed in the control group was compared with the mean value of group D6.

3.8 Physico-chemical Parameters of water

The dissolved oxygen, temperature and pH of tanks water used in culturing fish fed with crude extract of Azadirachta indica saponins were within the range of 5.37±0.09 - 5.80±0.27, 26.33±0.58 - 27.50±0.50 and 7.41±0.04 - 7.72±0.06 respectively as shown in Table 3. Statistical analysis of the dissolved oxygen and temperature showed no significant difference ($p \geq 0.05$) across all the groups, but there were variations in the pH value, a significant difference ($p \leq 0.05$) was observed when the pH value of the control group was compared with the pH values of groups; B, D and E respectively, as shown in Table 3.

Table 1: Composition of Experimental Diet

| Ingredients (g) | Groups | | | | | |
|-----------------|--------|-----|-----|-----|-----|-----|
| | D1 | D2 | D3 | D4 | D5 | D6 |
| Fish meal | 30 | 30 | 30 | 30 | 30 | 30 |
| Yellow Maize | 25 | 25 | 25 | 25 | 25 | 25 |
| Soya meal | 20 | 20 | 20 | 20 | 20 | 20 |
| Blood meal | 10 | 10 | 10 | 10 | 10 | 10 |
| Groundnut cake | 08 | 08 | 08 | 08 | 08 | 08 |
| Vit/Min premix | 03 | 03 | 03 | 03 | 03 | 03 |
| Methionine | 02 | 02 | 02 | 02 | 02 | 02 |
| Cassava starch | 02 | 02 | 02 | 02 | 02 | 02 |
| Plant extract | 0.0 | 0.5 | 1.0 | 2.0 | 4.0 | 8.0 |

Vitamin/mineral premix: Vitamin A, I.U.; Vitamin D, 11252U; Vitamin E, 71 U; Vitamin K3, 2mg; Vitamin B12, 0.015mg; Pantothenic acid 5mg; Nicotinic acid 14mg; Folic acid, 0.4mg; Biotin, 0.04mg; Choline, 150mg; Cobalt 0.2mg; Copper, 4.5mg; Iron, 21mg; Manganese, 20mg; Iodine, 0.6mg; Selenium, 2.2mg; Zinc, 20mg;

Antioxidant, 2mg.

Table 2: Proximate Composition of Experimental Diet

| Parameters (%) | Groups | | | | | |
|----------------|-----------------------------|-----------------------------|-----------------------------|-----------------------------|-----------------------------|-----------------------------|
| | D1 (0.0 gkg ⁻¹) | D2 (0.5 gkg ⁻¹) | D3 (1.0 gkg ⁻¹) | D4 (2.0 gkg ⁻¹) | D5 (4.0 gkg ⁻¹) | D6 (8.0 gkg ⁻¹) |
| Crude protein | 34.99±0.67 | 35.01±0.25 | 34.85±0.77 | 35.16±0.19 | 35.07±0.92 | 35.34±0.33 |
| Crude fat | 14.31±0.59 | 13.65±1.01 | 14.28±0.88 | 14.25±0.51 | 14.22±0.83 | 13.89±0.98 |
| Ash content | 15.09±1.05 | 14.81±1.47 | 14.90±1.72 | 15.12±0.99 | 14.93±0.86 | 15.13±0.93 |
| Moisture | 09.32±1.06 | 10.05±0.79 | 09.66±0.44 | 10.44±0.27 | 09.54±0.69 | 10.19±0.38 |

n=3. All parameters within the same group showed no significant difference (p ≥ 0.05).

Table 3: Growth Parameters and Nutrient Utilization of *O. niloticus* fed Crude Extract of *Azadirachta indica* Saponins

| Parameters | D1 (0.0 gkg ⁻¹) | D2 (0.5 gkg ⁻¹) | D3 (1.0 gkg ⁻¹) | D4 (2.0 gkg ⁻¹) | D5 (4.0 gkg ⁻¹) | D6 (8.0 gkg ⁻¹) |
|-------------------------|-----------------------------|-----------------------------|-----------------------------|-----------------------------|-----------------------------|-----------------------------|
| Mean initial weight (g) | 21.47±3.21 | 22.42±2.64 | 23.13±1.99 | 22.47±3.03 | 21.63±2.67 | 20.97±3.52 |
| Mean final weight (g) | 36.15±2.10 ^a | 41.44±4.25 ^{bc} | 44.25±3.68 ^d | 42.36±2.99 ^{cd} | 39.84±3.78 ^b | 37.41±4.17 ^a |
| Mean weight gain (g) | 14.68±3.88 ^a | 19.02±3.65 ^c | 23.12±2.79 ^d | 19.87±3.19 ^c | 18.21±4.18 ^c | 16.44±2.88 ^b |
| % weight gain | 68.37±2.99 ^a | 84.83±4.17 ^c | 91.31±3.64 ^e | 88.35±3.62 ^d | 84.19±4.22 ^c | 78.40±2.89 ^b |
| ADG ¹ | 0.292±0.03 ^a | 0.374±0.02 ^{cd} | 0.445±0.01 ^e | 0.384±0.02 ^d | 0.357±0.03 ^c | 0.335±0.04 ^b |
| SGR ² | 0.932±0.04 ^a | 1.105±0.02 ^c | 1.158±0.02 ^e | 1.142±0.04 ^d | 1.095±0.02 ^c | 1.034±0.04 ^b |
| PER ³ | 0.458±0.02 ^a | 0.496±0.01 ^b | 0.691±0.03 ^e | 0.591±0.04 ^d | 0.508±0.03 ^c | 0.498±0.02 ^b |
| FCR ⁴ | 2.01±1.16 ^d | 1.86±1.32 ^{bc} | 1.57±1.09 ^{ab} | 1.74±0.99 ^c | 1.81±1.11 ^{bc} | 1.91±0.94 ^d |

¹Average Daily Growth. ²Specific Growth rate. ³Protein Efficiency Ratio. ⁴Food Conversion Ratio. n=3. Different letter within the same row show significant difference at p ≤ 0.05.

Table 4: Dissolved oxygen, Temperature and pH of Tank Water Used to Culture *O. niloticus* Fed Crude Extract of *Azadirachta indica* Saponins

| Groups/Concentration | Parameters | | |
|-----------------------------|-------------------------|-------------------------|--------------------------|
| | Dissolved oxygen (mg/L) | Temperature (°C) | pH |
| D1 (0.0 gkg ⁻¹) | 5.75±0.07 ^a | 26.50±0.50 ^a | 7.41±0.04 ^a |
| D2 (0.5 gkg ⁻¹) | 5.64±0.20 ^a | 27.00±1.00 ^a | 7.52±0.06 ^{abc} |
| D3 (1.0 gkg ⁻¹) | 5.47±0.46 ^a | 27.33±0.58 ^a | 7.67±0.30 ^{cd} |
| D4 2.0 (gkg ⁻¹) | 5.50±0.15 ^a | 26.33±0.58 ^a | 7.49±0.05 ^{ab} |
| D5 (4.0 gkg ⁻¹) | 5.80±0.27 ^a | 27.50±0.50 ^a | 7.61±0.19 ^{bcd} |
| D6 (8.0 gkg ⁻¹) | 5.37±0.09 ^a | 27.00±1.00 ^a | 7.72±0.06 ^d |

n=3. Different letter within the same row shows significant difference at p≤0.05.

D1= Group fed 0.0 gkg⁻¹ diet, D2= Group fed 0.5 gkg⁻¹ diet, D3= Group fed 1.0 gkg⁻¹ diet, D4= Group fed 2.0 gkg⁻¹ diet, D5= Group fed 4.0 gkg⁻¹ diet, D6= Group fed 8.0 gkg⁻¹ diet.

IV. Discussion

The water quality parameters during this study were within the acceptable range [13]. Significant increase in Mean±SD weight gain was observed across all the groups fed with crude extract of *Azadirachta indica* saponins, with significant differences (p ≤ 0.05) observed when compared with the mean values of the control group. It has been reported that some saponins increased the permeability of intestinal mucosal cells in vitro [14], [15] also reported that Quillaja saponin could be used to enhance growth, reduce metabolic rate and suppress reproduction in tilapia.

The results obtained from this study shows that *Azadirachta indica* saponin could be used to enhance the growth rate of *Oreochromis niloticus* with a considerable increase in growth at a minimal concentration of the crude extract, thus for efficient and sustainable development of tilapia culture *Azadirachta indica* saponins could be a possible breakthrough.

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