

Evaluation of the Sports Culture Implementation in Nagan Raya District

Rahmatsyah Yoga¹

Universitas Syiah Kuala, Banda Aceh, Indonesia

Nyak Amir²

Universitas Syiah Kuala, Banda Aceh, Indonesia

Syamsulrizal³

Universitas Syiah Kuala, Banda Aceh, Indonesia

Saifuddin⁴

Universitas Syiah Kuala, Banda Aceh, Indonesia

Zulfikar⁵

Universitas Syiah Kuala, Banda Aceh, Indonesia

Abstract

The government of Nagan Raya district must implement sports culture because it is in accordance with its authority and responsibility as well as a joint responsibility between the government and public as a solution to achieve a massive and sustainable sports. The Youth and Sport Office of Nagan Raya district haven't had any program intended to develop a sports culture in public, such as physical gymnastics, outdoor sport activities and other activities. The problem formulation of this research is the implementation of sports culture in Nagan Raya district. This research aims to determine the implementation of sports culture in Nagan Raya district. This research is an evaluation research with a descriptive method and qualitative approach. The research instruments include interview and documentation study. Data analysis technique applied in this research are data reduction, data display and conclusion drawing. The subjects of this research include: the head of youth and sports office, secretary, head of sport department, head of culture department, sports coaches and physical education teachers. The results of the research is that the implementation of sports culture has not been achieve in term of massive sports, sports nursery and sports development.

Keywords: *Implementation of Physical Education Learning*

Date of Submission: 20-03-2021

Date of Acceptance: 04-04-2021

I. Introduction

Sport is a form of planned and structured physical activity that involves repetitive body movements and is aimed at improving physical fitness. Sports health is a health effort that uses exercise to improve one's health.

Sports are some of the basic necessities in everyday life because sports can increase the fitness needed to perform daily tasks. Sports can be started at all ages, young or old, and can be performed daily.

The problems in the field of national sports are increasingly complex and are related to, among others, the economy and the demands of global development, so that Indonesia should pay attention to all related aspects, including the ability to economically support the implementation of national sports, hence the future sports development can be achieved.

The Youth and Sports Office plays a very important role in finding youth talent in the field of sports as well as making an activity that can increase that talent, especially in the field of sports and seeking and funding these activities so that the goals of regional youth to compete at the national and international levels can be achieved immediately.

The Regent of Nagan Raya District has determined the development and enhancement of sports in its vision and mission. The Government of Nagan Raya Regency strives to uplift the dignity of the region, including through sports achievements. To achieve this goal, community and government supports are the important and inseparable factors.

The community has done a lot of its role in the advancement of sports achievements. With the high nationalism of the people and the potential of human resources in charge of sports coaching within the Government, bright hopes for achievement are still wide open. Talented young athletes still have the opportunities to make their district proud.

The spirit of community support and human resources within the government will not change the sport if the responsible office, that is sports office, does not immediately make synergic, maximum and professional efforts in its development, then the sports development of Nagan Raya District will be further behind from other districts. Nagan Raya will also find it increasingly difficult to catch up with the accelerated rate and increase of sports development at the national and international levels.

The Regional Government of Nagan Raya District is required to understand the concept and implementation of sports culture in accordance with their authorities and responsibilities as a joint responsibility between the government and the community so that sports can be promoted properly.

The Nagan Raya district government should carry out sports policies, planning, coordination, coaching, development, standardization and supervision of sports culture, the district government also should implements sports culture based on local excellence. District governments are required to manage at least one leading sport at regional and national levels. Apart from that, in managing this sport, the provincial and local governments also receive assistance from the sports committee. The target of sports culture is the community. The culture of sports requires a definite policy, including through instructions from the central government, the provincial government as well as local governments that are in line with important issues related to sports culture.

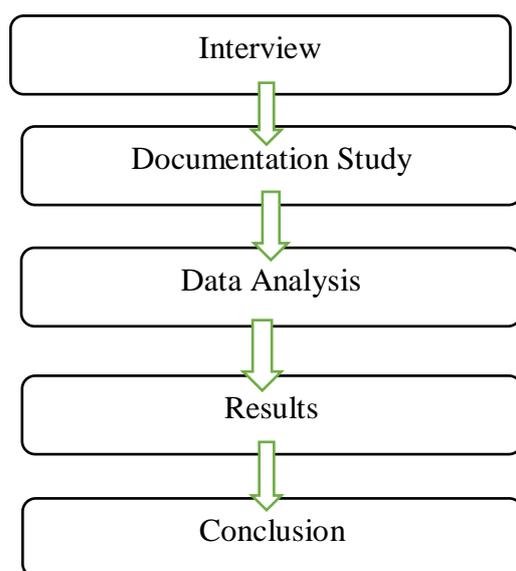
Local governments and communities must also be responsible for the planning, procurement, utilization, maintenance and supervision of sports infrastructure. The government and local governments ensure the availability of sports infrastructure in accordance with the standards and needs of the provincial and local governments. The number and types of sports infrastructure that are built must in line with the potential of sports in the local area. Sports infrastructure built in the regions must meet the minimum number and standards set by the government.

Based on the above discussion, the writer is interested in making a research with the title “Evaluation Of The Sports Culture Implementation In Nagan Raya District” with the data acquired from the Youth and Sports Office of Nagan Raya District.

II. Research Method

The research used evaluation type research with descriptive methods and a qualitative approach. Research on the type of evaluation is an activity of collecting data or information, to be compared with the criteria and then the conclusion, Arikunto (2017: 36).

Based on the problems and research objectives as described by the researcher, the research design is a plan or design made by the researcher as a plan for the activities to be carried out. The preliminary research design is an interview and documentation study at the Youth and Sports Office of Nagan Raya District, the following is a research design that the author describes in the form of a schematic illustration:



Research Activities Scheme

The research subject is the subject that the researcher is aiming to study on, namely the subject that is the center of attention or the target of the researcher, (Arikunto, 2013:188). So in this case, the author takes the research subject from The Youth and Sports Office, namely officials or employees who are directly involved in the implementation of sports culture in Nagan Raya District. The development of the instrument used in this study was a list of interviews and conducting documentation studies on the implementation of sports culture in Nagan Raya District.

According to Arikunto (2013: 137) "an instrument is a tool when researchers use a method". The instruments used in the study were related to the data collection process in the study. Data were obtained from interview guidelines and documentation with guidelines developed by the author by referring to the theory and being guided by the supervisor of this research.

In qualitative research, everything that will be sought from the object of research is unclear and uncertain in term of its problems, data source, expected results. The research design is still temporary and will be developed once the researcher study the research object '. (Sugiyono, 2012: 60).

Variable	Indicator	Subindikator
Implementation of Sports Culture	Massive Sports	1. Public Sports 2. Outdoor
	Sports Nursery	1. Nursery in sport 2. Sport societies
	Sports Development	1. PPLPD 2. Leading sports

The data collection techniques used in this research are as follows: Interview and Documentation Study. After the research data is obtained, the researcher analyzes using several stages, namely "the first stage is data reduction, the second stage is data display, and the third is drawing conclusions and data verification.

III. Results

The head of Youth and Sports Office stated that the sports implementation of Nagan Raya District was stagnant. It could be seen from the public's choice to perform other activities than sports. The problem was caused by several factors, namely the lack of socialization of the benefits of exercise for the community, the lack of sports activities carried out on national holidays and the last is due to online games that are easily accessible and played anywhere. In term of nurseries and sports associations, the head of Youth and Sports Office answered that there were no sports nurseries and associations in Nagan Raya District, because there was no nursery and sports association program that has been created. Meanwhile, the leading sports in Nagan Raya Regency are football, volleyball, martial arts and athletics.

In implementing sports in Nagan Raya Regency, the Secretary replied that the community's sports habits are usually carried out in the afternoon, which are carried out on open fields provided by the local government, but these activities are not routinely carried out. There are no nurseries and sports associations in Nagan Raya District, there are still a group of people who do sports in the afternoon, while the community's leading sports that are often carried out are volleyball and soccer.

For the implementation of sports culture, the head of the sports department answered that the implementation of sports in Nagan Raya Regency has not been running properly. Every afternoon, whether on holidays or normal days, people do more other activities than sports, people mostly sit in coffee shops while playing online games, selling stuffs, and strolling around the city in the afternoon. Only a few people do sports activities such as jogging, playing volleyball, football and other sports. There are no nurseries and sports associations in Nagan Raya Regency because there are no programs and funds to carry out sports nurseries and associations, while the leading sports in Nagan Raya Regency are football, volleyball and athletics. In addition, the head of culture department also said that the implementation of sports in the Nagan Raya community runs as usual, there are some people who do sports activities and there are still many who do not exercise. For nurseries and sports associations, the head of the cultural department has not been able to answer because he does not understand sports programs from the Youth and Sports Office.

Based on the implementation of sports culture in Nagan Raya District, the sports coaches stated that the implementation of sports in Nagan Raya District was not good, it seems that the community is more dominant in doing other activities than exercising. The problem is caused by several factors, namely the lack of socialization from the local government to provide an understanding of the benefits of exercise for the community, the lack of sports activities carried out on national holidays and the last is due to online games that are easily accessible and played anywhere. There are nurseries and sports associations in schools but they are not yet running well and there is no program that has been well prepared. The top sports in Nagan Raya are football, volleyball and athletics.

In term of sports culture implementation, the physical education teacher said that the implementation of

sports in Nagan Raya is stagnant. It can be seen in the community that people are dominant to perform other activities than to exercise. the problem is caused by several factors, namely the lack of socialization of the benefits of exercise for the community, the lack of sports activities carried out on national holidays and the last is due to online games that are easily accessible and played anywhere. There are nurseries and sports associations in schools but they are not yet running well and there is no program that has been well prepared. The leading sports in Nagan Raya are soccer, volleyball, badminton, silat, Sepak Takraw and athletics.

Based on the research results and data analysis obtained from observation, interview and documentation study, it can be said that the sports culture implementation in Nagan Raya district has not been carried out well. In term of sports nursery and association, there were no well-structured program applied in Nagan Raya district and sports development does not have an implemented program. These results are based on the interview conducted with the subject of this research, namely the head of Youth and Sport Office, head of sports department, sports coach and physical education teachers.

Documentation Study Data

No	Sports Culture Documentation Items	Condition		
		Yes	No	Notes
1	Design of Sports Culture Activities Program (nursery program and training program)		√	Not Available
2	Sports Association and PPLPD		√	Not Available
3	Budget Implementation Documents		√	Planning Stage
4	Human Resources Documents (Trainers, Instructors, Referees and Athletes)	√		Not Complete

IV. Conclusion

Based on the results of research data analysis obtained from interviews and documentations, the conclusions are as follows: The implementation of sports culture has not been carried out in the community of Nagan Raya District as expected based on the aspects of sports training, sports nurseries and sports development. The implementation of sports of the Nagan Raya government must have four breakthroughs that can foster the concept, interest and implementation of sports activities in the people of Nagan Raya. The items include: first the government must be creative in disseminating sports to the community, second, it must have a good vision and mission that can be reached by the community, third, governments must have a clear commitment and direction in which the culture of sport is aimed and finally the government management in sports culture must run well and be structured.

Bibliography

- [1]. Arikunto, S (2014) *Prosedur penelitian : Suatu Pendekatan Praktik. (Edisi Revisi)*. Jakarta : Rineka Cipta
- [2]. Harsono, (2008), *Coaching dan Aspek-aspek Psikologis dalam Coaching*. Departemen Pendidikan dan Kebudayaan: Jakarta.
- [3]. Helmi (2006) *Menyelamatkan Aktivitas Olahraga dari Korban Apapun*. Jakarta: Penerbit PT. Raja Grafindo Persada.
- [4]. Kementrian Pemuda dan Olahraga 2010-2014 (2010) *Rencana Strategis*. Penerbit: Kementrian Pemuda dan Olahraga
- [5]. Undang-Undang Republik Indonesia Nomor. 3 Tahun 2005. *Sistem Keolahragaan Nasional*. Mendagri: jakarta
- [6]. Undang-Undang Republik Indonesia Nomor. 23 Tahun 2014. *Undang-Undang Tentang Pemerintah Daerah*. Mendagri: jakarta
- [7]. Sugiyono (2009) *Metode Penelitian Kuantitatif Kualitatif dan R&D*. Penerbit Alfabeta Bandung.
- [8]. Supandi (1998) *Manajemen Olahraga*. Makassar: Materi Perkuliahan PPS Pendidikan Jasmani dan Olahraga.

Rahmatsyah Yoga, et. al. "Evaluation of the Sports Culture Implementation In Nagan Raya District." *IOSR Journal of Sports and Physical Education (IOSR-JSPE)*, 8(2) (2021): 13-16.