IOSR Journal of Sports and Physical Education (IOSR-ISPE) IOSR Journals

International Organization of Scientific Research

e-ISSN: 2347-6737 Volume: 8 Issue: 4 p-ISSN: 2347-6745

Contents:

Critical gaps in current physical activity and HIV literature: A review	01-09
A Triple Jump Performance Optimization Model Based on Flight Phase Biomechanical Factors	10-17
A Study to Find Out the Effectiveness of Hip Muscle Strengthening On Static and Dynamic Balance In Chronic Ankle Instability	18-22
Relationship between Upper Extremity Dynamic Balance and Hand Grip Strength in Professional Basketball Players-A Pilot study	23-29
Impact of Various Foot Arches on Static and Dynamic Balance Among Trained Football Players - A Pilot Study	30-35
Relationship between Core Endurance and Flat Foot Among College Students	36-40
Correlation of Parameters of Fitness Test among Male Adults in India	41-44
Perception Of Physical Exercise During The Covid-19 Pandemic Period	45-52
Sagittal plane kinematics of triple jump: A review	53-60
Test Investigation of Physical activity climate, positive and negative effect, and Encouragement	61-64