

Future of Sports in Indian

Sport is friendship, Sport is health, Sport is education, Sport is life, Sports bring the world together.

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Abstract: *Yoga which is an integral part of ancient Indian culture. It was practised by almost everybody. As the debate still continues over, whether yoga is a sport. Bright stars like Saina Nehwal, Sania Mirza, Mary Kom and many other players have faced it whether it is related to their personal life, their choices of partners and even for what they are wearing in the field. Sports are very much related to the feeling of society. Even with the huge population i.e. 70% of our population is below 35 years of age, we are unable to produce more great sportspersons. Involvement of politics in sports isn't a new or shocking segment, although it is often said that sports and politics are two aspects of our society that have nothing in common. Parents have a key role as they have the natural authority to take decisions in their child's life. Talent should be appreciated and supported from the very early stage of life. Undoubtedly India is making progress as a sports nation in comparison to pre-independence, where academics were given lot more importance than sports and it was considered as a "time pass" or an activity for recreational purpose.*

Keywords: Mohenjo-Daro, Harappa, Saina Nehwal, Sania Mirza, Mary Kom, political leaders, Gender discrimination.

I. Introduction

Games play a vital role in maintaining a healthy and fruitful life, as it is well said 'a sound mind exists in a sound body' with this view human beings have recognized the importance of games in its early days of coming into existence. Excavation of archeological sites, Mohenjo-Daro and Harappa reveals how people indulged themselves in some sort of games using Balls, dice, and marbles.

Yoga which is an integral part of ancient Indian culture. It was practised by almost everybody. As the debate still continues over, whether yoga is a sport. Sure its health benefits can't be matched but people almost forgot it until Mr. Narendra Modi came-up with the celebration of yoga day at international level considering its health benefits. Undoubtedly Indian sports have made a splendid contribution at international level, but the disappointing performance of Indian athletes and players once again made us think about the deteriorating condition of sports in India.

Gender discrimination which is no less than any plague, a female faces discrimination in every phase of life right from the time they are born (sometimes even before birth) and continues to face discrimination even in their careers. And sports field is no less spared from it. Bright stars like Saina Nehwal, Sania Mirza, Mary Kom and many other players have faced it whether it is related to their personal life, their choices of partners and even for what they are wearing in the field. Discrimination doesn't last here, present letters written to the ministry of sports by NCFW (National Commission for Women) after the BCCI which made payment out of profit from IPL to former cricket players for their contribution. The clear case of discrimination and the commission demanded that former female cricket players should also get share in profit. Mary Kom in her much celebrated book 'UNBREAKABLE' discusses how life is a struggle to follow dreams, especially for a woman. Being born to farmer parents, to become a professional boxer wasn't a cake walk for her. Her story inspires millions of women around the world.

Sports are very much related to the feeling of society. Even with the huge population i.e. 70% of our population is below 35 years of age, we are unable to produce more great sportspersons. It is needless to say that India is only a cricket - centered country, her sports gain not much popularity not even in the sights of political leaders so that in addition to ICC world-cup, our country can make good presentation in Olympics and Commonwealth. It is not like we don't have enough talent, India being a country with more than 20 cultures posses huge talent, the only thing lacking is motivation and the support of political leaders and most significantly the recognition by the public for appreciating talent.

Involvement of politics in sports isn't a new or shocking segment, although it is often said that sports and politics are two aspects of our society that have nothing in common. But we are experiencing the

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involvement of politicians in expensive sports gear and with that they also make use of great personalities for the promotions, sometimes for their own benefits at the edge of elections.

Although qualifying a country's overall athletic talent by counting Olympic medals would be a poor way. Practically there are certain factors which limit the effective participation such as education, health, public information. As it is well known that, an unhealthy person can't participate in sports, in this regard education plays an important role, as with the increase in school attendance there are likely to be more chances of being spotted so that it can be developed and further supported for nation's good.

In addition to this, parents have a key role as they have the natural authority to take decisions in their child's life. Talent should be appreciated and supported from the very early stage of life. Undoubtedly India is making progress as a sports nation in comparison to pre-independence, where academics was given lot more importance than sports and it was considered as a "time pass" or an activity for recreational purpose. In fact we have a saying in Hindi- India's national language,"kheloge kudoge honge kharab, padhogeli khoge banogen awab". But the psychological changes are on its way, we have certain reasons for being optimistic: we are making shift towards other sports rather than just centered to cricket, Young star Sumit Nagal is a new hope for the country in addition to shinning stars like Liender Paes and Sania Mirza. Stars like Deepika and Mangal Singh Champia keep India's hopes alive and we look for brighter performance in upcoming events.

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